



BAGS

TRACK EQUIPMENT

ONLINE
REGISTRATION

WATCHES

RESULTS

EVENT PHOTOS

Contact: Coacho@coacho.com

In this Issue !

- PUMA Shoes and Apparel Catalog Now Available
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- America's Choice for On-Line Registration
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COME SEE US!

- 2010 AAU Great Lakes Indoor Track and Field National Championship
GaReat Sports Complex, Geneva, OH
February 12 - 14, 2010
- AAU Northern Indoor National championship,
Bloomington Illinois,
Feb 19-21, 2010
- AAU Junior Olympic Games,
Northfork, Va
July 31-Aug 7
- AAU Cross Country National Championship
Disneys Wide World of Sports Complex Orlando, Fl
Dec 5, 2010

PUMA SHOES AND APPAREL CATALOG NOW AVAILABLE

We are extremely pleased to announce the availability of the PUMA Catalog on Coacho.com. The following sportswear categories are currently available:

- Footwear: Lightweight Trainers and Racers
- Footwear: XC and Track Spikes
- Trainers
- Men's Shorts
- Women's Hot Pants
- Women's Shimmel
- Women's Shorts
- Phaser Training Jacket and Pants
- V-Kon Half Zip Fleece
- V-Kon Polo
- Men's Singlet
- Women's Singlet
- Wind Jacket and Pants



It is understood that the sport takes a tremendous amount of time and effort from various individuals. We strive to be able to service all of the needs of the coach, parent, spectator and athletes in the sport of Track & Field. As always, when you are in need of any track & field related items, i.e., equipment, shoes, apparel, meet management, event consulting, lectures, online registration, bags, T-shirts, watches, facility construction, etc., all you have to do is....

Call Coach O

What is Coach O?

We are a comprehensive Track Meet Management Company with 20 years of experience managing Youth, High School, and Collegiate Track Meets. We are fully capable of handling all of your needs in your efforts to host track & field meets and maintaining a track team.

The services we provide are:

- Bags, T-shirts, Hats, Watches & Promotional items
- On-line Meet Entry
- Event Management
- Facility Construction
- Consultation
- Clinicians, Speakers & Lecturers
- PUMA Apparel & Shoes

- Medals, Trophy's, Plaques
- Event Photography
- Full line of Track & Field Equipment
- Camps, Clinics, & Seminars
- Timing
- Event Staff (Officials, Announcer, Referees)
- Event Marketing

Why spend your time making numerous calls to recruit officials, employ timers, ordering awards, buying souvenirs, scheduling vendors, when you can simply.....

Call Coach O

Sponsored by Coach O

· Coach O Indoor Invitational Illinois Wesleyan University
Bloomington, Illinois
January 16, 2010

· Troy Coach O Invitational Troy University
Troy AL
April 24, 2010

· Young Achievers Relays Jacksonville, Florida
May 15, 2010

· First Annual Illinois Jets Youth Track & Field Invitational/Health and Wellness Community Event
June 5, 2010

· Coach O Youth Festival Orlando, Florida
June 11-12, 2010

· AAU Tennessee National Qualifier, Knoxville, Tennessee
July 8-11, 2010

· Troy Coach O Cross Country Invitational Troy University, Troy, AL
Fall 2010

· Coach O UMES Collegiate Invite University of Maryland Eastern Shore, Princess Anne, Maryland
Dec 10, 2010

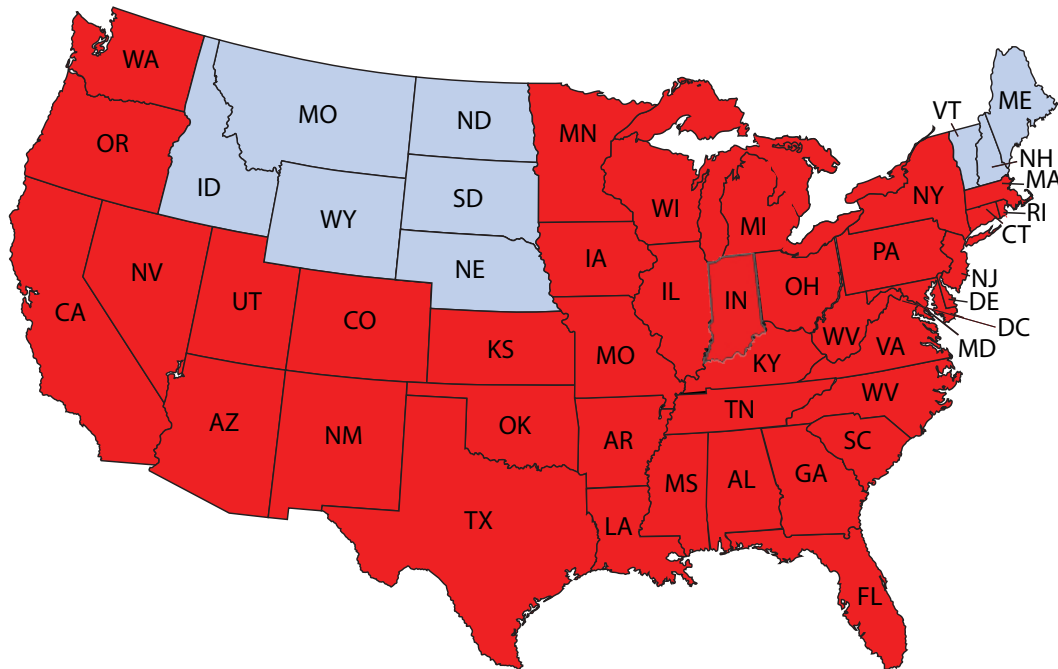
· Coach O High School Invitational, University of Maryland Eastern Shore, Princess Anne, Maryland
Dec 11, 2010

Join Us on Facebook and Twitter

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America's Choice for Online Registration



Advertise with Coach O

Coach O is a provider of Track & Field equipment and Online Registration Services. We have the ability to service all of your equipment needs for school, program, team, club, cross country and track meets.

We are America's choice for "Online Registration" for track meets and events. We currently provide services for all levels of competition, including elementary school, middle school, high school, and University, as well as youth meets.

Our web site COACHO.COM is visited frequently by many Track & Field enthusiasts. We have the ability to expose your brand to numerous coaches, parents, spectators, and businesses in the Track & Field community.

Please contact Coacho@coacho.com for rates.

First Annual Illinois Jets Youth Track & Field Invitational/Health and Wellness Community Event

A call for communitywide support was the theme at Thursday's Illinois Jets Youth Track and Field news conference at the Rockford Park District.

Illinois Jets President DuWayne Jones and Vice President Monique Jones were joined at the event by supporters of the organization's mission, including representatives from the Rockford Park District, Rock River Valley YMCA and the Rockford Public School District.

Illinois Jets is a local youth track and field organization that started last August. The organization plans to host its first track and field invitational community health and wellness event Saturday, June 5, at Auburn's Wyeth Stadium.

"We want everyone to know our organization is more than just track and field" said DuWayne Jones, who is also the head coach. "We are gearing toward long-term health and wellness aspects for all youth."

Volunteers, community partners and potential sponsors are asked to join in the effort.

The purpose of the event is to promote a fun, safe and exciting atmosphere for youth and their families that will offer prevention and health and wellness information.

Organizers are also hopeful that the event will be an opportunity to promote the newly created Illinois Jets program, where youth throughout the Rock River Valley can engage in track and field in the summer months.

"We believe through community support the success of this event will contribute to a future that will positively impact the students of District 205, and other school-age children in the community," said Carl Armato, athletic supervisor and PE coordinator for the Rockford school district.

For more information about the Illinois Jets Track and Field organization, visit illinoisjetstc.com. Interested athletes may register for the community health and wellness event at coacho.com.

www.illinoisjetstc.com SPONSORED By Coach O

-Brenda Young, Rockford Register Star



Young Achievers Relay Games to Be Held in Jacksonville, Florida
May 15, 2010

Location: William M. Raines Sports Complex
(3663 Raines Ave. Jacksonville, FL 32209)

Event Time: Check In: 7:00-8:00am

Coaches Meeting: 7:30 am

Field Events Begin: 8:00am

Registration Fee: \$10 Per Child

Registration by Coach O

Registration Must Be Completed by May 12, 2010

1st -3rd Place Finishers Will Receive Medals

Timing will be done by Steeple Timing

Meet Questions or Information: Contact Meet Administrator

Monica McWhite: 904-651-5457

or

youngachievers87@aol.com



O-Blast

February, 2010

www.coacho.com

