



**SOUTHWEST REGION OPEN & MASTERS**

**OUTDOOR TRACK & FIELD  
CHAMPIONSHIPS**



**BATON ROUGE, LA**

**Saturday, May 25, 2013**  
**Southern University – Baton Rouge, La**

**ELIGIBILITY REQUIREMENTS:**

**Athletes**

Age: For Open division athletes must be 19 years or older on the day of competition. For Masters Division, athlete must be at least 30 years old or older the day of competition.

Club Affiliation: Athletes must be bona fide members of a 2013 USATF club in order to represent a club and score team points. All athletes entering as part of a club must be affiliated with that club as part of their USATF membership (an athlete's current affiliation can be viewed in his/her [membership profile](#) and as part of the online entry process). Athletes wishing to change affiliations can make such a request through their [local Association](#).

USATF Membership: All athletes must be 2013 members of USATF in good standing. USATF memberships may be [purchased online](#), through your [local Association](#) Office, or by calling the USATF National Office at 317-713-4665.

**ENTRY PROCESS:**

Date Fees Received	Individual	Relay
No later than May 22 <sup>nd</sup>	\$20.00	\$10.00

**On-Line Registration:** Online registration will be done on [www.usexpresstrackclub.org](http://www.usexpresstrackclub.org) with entries closing at 10:00 PM CST on May 22<sup>nd</sup> .

**AWARDS:** Medals will be awarded to the top three individuals (top three teams in the relay events) in each event to include each Master's age division. Participants in the Southwest Zone Championship, recognition will be given to the "Most Valuable Male Athlete" and the "Most Valuable Female Athlete" (based on the total number of points scored). Additional recognition will be given to the "Outstanding Male Performer of the Meet" and the "Outstanding Female Performer of the Meet" (based on scoring tables; the Power Tables are on a 10.0 scale).

**Team Awards**

Southwest Championship Open Division Only - Team awards will be presented to the top team. (men and women). The "Overall Men's & Women's Combined Team Champion" also will be recognized with a team award.

**Prize Money**

USA Track & Field will pay prize money to the first place **OPEN** men's team and first place women team. Prize will be **\$600** reimbursable travel grant to allow the team to travel to the National Club Championships that will be held on June 28<sup>th</sup> and 29<sup>th</sup> at Icahn Stadium in New York, NY.

**Schedule Change: Javelin will be at 9am and Hammer will be at 12:00pm.**

**Contact:**

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