



# Coach O Carolina Club Challenge 2012

**Saturday June 2, 2012  
Myrtle Beach, South Carolina**

The Coach O Carolina Club Challenge is a USATF sanctioned track and field meet open to athletes ages 7-18., hosted by Coach O and the Myrtle Beach Track and Field Club.

### Age Groups

- Sub-Bantam 8 /under (born 2004 or later)
- Bantam 9–10 (born 2002-03)
- Midget 11-12 (born 2000-01)
- Youth 13-14 1 (born 1998-1999)
- Intermediate 15-16 (born 1996-97)
- Young M/W 17-18 1(born 1994-95)

### Location

Myrtle Beach is recognized as the Nation's #1 family beach. The City boasts more than 60,000 affordable hotel rooms, nearly 500 restaurants, golf courses, amusements, shopping, shows & nearly 10 miles of beautiful beach.

**Competition:** Scoring kept on a team basis. Eight places will score in each event. The Club with the highest combined score (boys & girls, all age groups) will be crowned Champion of the Coach O Carolina Club Challenge. That team's name will be inscribed on the Mayor's Coach O Carolina Club Challenge Cup, & that team will receive a replica Cup.

### Tentative Order of Events (all events on rolling schedule)

All USATF Junior Olympic Events except walking, steeplechase, & triple jump.

#### Running (beginning at 9 AM)

- 3000m
- 80m/100m/110m Hurdles
- 4 x 100 Relay
- 800m
- 100m
- 400m
- 1500m
- 200mH/400mH
- 200m
- 4 x 400m Relay

#### Field Events - Jumps (beginning at 10 AM)

- Long Jump
- High Jump
- Pole Vault

#### Field Events - Throws (beginning at 10 AM)

- Shot Put
- Discus
- Hammer
- Mini-Javelin
- Javelin

#### Entries:

Entry fees are \$6/athlete. Please register on-line at Coach O by May 29, 2012:



# Host Hotel Information



- Ocean Dunes/Sand Dunes Resort & Conference Center offers a variety of over 820 ocean view and oceanfront rooms, efficiencies, 1 bedroom suites, 2 bedroom villas and 3 bedroom executive suites with private balconies.
- Sleeping room amenities include in-room refrigerators, irons, ironing boards, hair dryers, data port connections & telephones with voice mail in all sleeping rooms.
- Efficiencies, villas & suites offer microwaves, blenders, coffeemakers, toasters, etc.
- The Resort offers an abundance of restaurants to please every athlete, coach, and parent. The Brass Anchor Restaurant & Lounge features an oceanfront dining terrace and daily breakfast. Mango's Grille & Lounge offers fun food with a flair. You can also visit the on-site Arcade Pizza & Wingz, or you can relax at two different pool bars & grills.
- Resort amenities include a convenience store, game arcade, a children's playground, 5 outdoor pools, 2 indoor pools, 7 whirlpools, and a lazy river. The new waterpark is great fun for all!
- Sands Health Club has a fully equipped exercise room, indoor pool, whirlpools, steam room, sauna, and massage therapy. Finally, all of our guests enjoy golf play privileges at over 100 area courses!
- Call 1-800-599-9872 for reservations.

<http://www.sandsresorts.com/resorts/oceandunes/>

## Event Room Rates (daily rates exclusive of taxes & resort fees)

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| <ul style="list-style-type: none"><li>• <b>Ocean Dunes Resort &amp; Villas</b><ul style="list-style-type: none"><li>• Oceanfront/view double - \$79</li><li>• 1 bedroom tower suite - \$79</li></ul></li><li>• <b>Ocean Forest Plaza</b><ul style="list-style-type: none"><li>• 1 bedroom suite - \$79</li></ul></li></ul> | <ul style="list-style-type: none"><li>• <b>Sand Dunes Resort &amp; Spa</b><ul style="list-style-type: none"><li>• Oceanfront/view double - \$79</li><li>• 1 bedroom suite - \$99</li><li>• 2 bedroom suite - \$159</li><li>• 3 bedroom suite - \$179</li></ul></li></ul> |
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# Doug Shaw Memorial Stadium



## Myrtle Beach, SC

Location: 33<sup>rd</sup> Ave North & Oak Street  
Myrtle Beach, SC, (½ mile from Atlantic Ocean)

### Stadium Description

**Host facility for 2011 USATF Youth Outdoor Track and Field Championships, & Shamrock Invitational Track Meet.**

- Seating capacity - 5,000.
- Concessions/restroom areas.
- Lights for night events.
- "Jumbotron" scoreboard – live action & results.
- NCAA/NFHS Certified 400 meter track. Beynon Sports Surfaces full pour polyurethane synthetic surface w/ embedded texture.
- Eight 42" lanes, sprint & short hurdles marked in both directions on main straightaway.
- South D-area (High Jump),
- North D-area (Steeplechase Water Jump, 2 Pole Vault runways).
- Long/Triple Jump - inside track oval, 2 runways w/ sand pits at each end (4 total pits). Parallel to main straight.
- All throws outside track oval.
- Javelin runway – 4 x 36.5m (same surface as track), solely dedicated landing area.
- NCAA Hammer/Discus cage - w/ 1 circle.
- 2 Shot Put circles w/ rock dust landing areas.



# Directions to Doug Shaw Memorial Stadium



## FROM THE NORTH (North Myrtle Beach/Wilmington):

- Follow **Highway 17** South through North Myrtle Beach.
- Continuing south you will pass through an area called "Restaurant Row".
- Approximately 1 mile south of Restaurant Row the highway will fork right and left.
- Stay to the **RIGHT** and follow Highway 17 By-Pass south to **38th Avenue North**. There will be a McDonalds and CVS Drug Store at this intersection.
- Turn **LEFT** onto 38th Avenue North and follow it to the **2nd Stop Light** (Oak Street).
- Turn **RIGHT** on to Oak Street and follow it to **33rd Avenue North**.
- Turn **RIGHT** on to 33rd Avenue North and follow it to the stadium entrance.

## FROM THE WEST (Conway/Florence):

- Follow **Highway 501** through Conway
- Continuing on Highway 501, you will come to the **Carolina Bays Parkway Interchange/North Myrtle Beach Exit (SC Highway 31)**.
- Exit on to **northbound Highway 31** and follow it to the **Grissom Parkway Exit**
- Exit **RIGHT** on to Grissom Parkway and follow the Parkway to **38th Avenue North**.
- Turn **LEFT** onto 38th Avenue North and follow it to the **1st Stop Light** (Oak Street).
- Turn **RIGHT** on to Oak Street and follow it to **33rd Avenue North**.
- Turn **RIGHT** on to 33rd Avenue North and follow it to the stadium entrance

## FROM THE SOUTH (Georgetown/Charleston):

- Follow **Highway 17** North, making sure to stay to the left at Murrell's Inlet and Garden City Beach.
- Continue to follow Highway 17 North to **29th Avenue North** (Broadway at the Beach and Hard Rock Café will be on your RIGHT).
- Turn **RIGHT** on to 29th Avenue North and follow it to **Oak Street**.
- Turn **LEFT** on to Oak Street and follow it to **33rd Avenue North**.
- Turn **LEFT** on to 33rd Avenue North and follow it to the stadium entrance

## FROM THE EAST (the Atlantic Ocean and beyond)

- Land your boat on any available open beach area and make your way inland.