

Area 4 AAU Virginia District Qualifier
Hosted by Technique Track Club
Nansemond River High School Suffolk, VA - 6/9/2012
Results

Girls 100 Meter Dash Primary

Name	Age	Team	Finals	H#
Finals				
1 Hoggard, Lyric	8	VA BEACH FLAMES TRACK AND	14.85	5
2 Burton, Paris	8	RICHMOND HEAT TRACK SPORT	15.07	5
3 Burton, Endya	8	RICHMOND HEAT TRACK SPORT	15.61	5
4 Crosby, Je'Sanna	8	EAST END TRACK AND FIELD CI	15.66	5
5 Evans, Raven	8	DALE CITY LIGHTNING	16.06	5
6 Evans, Jordyn	8	DALE CITY LIGHTNING	16.53	4
7 Gaston, Niyah	7	SUFFOLK STARS TRACK AND FII	16.55	4
8 Covington, Lauren	8	CHURCHLAND TRAILBLAZERS 1	16.79	4
9 Scott, Amarionna	8	TEAM ONE HUNDRED	16.99	5
10 Wallace, Starria	8	HAMPTON CITY ATHLETICS	17.24	1
11 Johnson, Khiandra	8	TRACK 7-5-7	17.30	1
12 Campbell, Breah-Kailani	8	HAMPTON CITY ATHLETICS	17.33	2
13 Mcintyre, Kennedy	8	SUFFOLK STARS TRACK AND FII	17.47	4
14 Baker, Kayla	8	SUFFOLK STARS TRACK AND FII	17.96	4
15 Cuffee, Kyana	7	VA BEACH FLAMES TRACK AND	17.97	5
16 Byrd, Sydney	7	DALE CITY LIGHTNING	18.01	4
17 White, Arielle	7	PRINCE WILLIAM COUNTY PWC	18.02	3
18 Wiggins, Lalia	8	CHURCHLAND TRAILBLAZERS 1	18.46	4
19 Jauhari, Justine	7	EAST END TRACK AND FIELD CI	18.58	2
20 Kissoon, Alecia	7	TEAM FLASH	18.80	3
21 Noble, Samiya	7	EAST END TRACK AND FIELD CI	18.91	2
22 Mackey, Nia	7	TRACK 7-5-7	18.97	2
23 Evans, Ken'Asia	6	VA BEACH FLAMES TRACK AND	18.98	5
24 Phifer, Makyia	5	ATHLETIC XPRESS GREYHOUND	19.09	3
25 Gary, Shaniyah	6	ATHLETIC XPRESS GREYHOUND	19.34	3
26 Burrell, Destiny	6	TECHNIQUE TC	19.86	1
27 Bradshaw, Shayla	8	TRI-COUNTY TRACK CLUB	20.20	2
28 Davis-Reuben, Janiyah	6	VA BEACH FLAMES TRACK AND	20.31	1
29 Thomas, Kahmaiya	5	EAST END TRACK AND FIELD CI	20.51	1
30 Spear, Meagan	7	VA BEACH FLAMES TRACK AND	20.75	4
31 Gilchrist, Madison	6	CHURCHLAND TRAILBLAZERS 1	20.96	2
32 Valentine, Amiya	6	ATHLETIC XPRESS GREYHOUND	23.20	2
--- Tinnion, Gabrielle	7	CHURCHLAND TRAILBLAZERS 1	DNS	3
--- Granger, Rheis	7	TEAM FLASH	DNS	1
--- Hawkins, Ariana	6	CHURCHLAND TRAILBLAZERS 1	DNS	3
--- Bell, Giannah	8	TRACK 7-5-7	DNS	1
--- Rodgers, Alana	6	CHURCHLAND TRAILBLAZERS 1	DNS	2
--- Shabazz, Za'Niah	7	EAST END TRACK AND FIELD CI	DNS	3
--- McClain, Gabrielle	6	CHURCHLAND TRAILBLAZERS 1	DNS	3

Girls 200 Meter Dash Primary

Name	Age	Team	Finals	H#
Finals				
1 Burton, Paris	8	RICHMOND HEAT TRACK SPORT	31.83	5
2 Hoggard, Lyric	8	VA BEACH FLAMES TRACK AND	32.27	5
3 Burton, Endya	8	RICHMOND HEAT TRACK SPORT	32.65	5
4 Crosby, Je'Sanna	8	EAST END TRACK AND FIELD CI	34.56	5

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Name	Age	Team	Finals	H#
5 Brown, Sariah	7	TECHNIQUE TC	34.83	1
6 Evans, Raven	8	DALE CITY LIGHTNING	34.97	4
7 Scott, Amarionna	8	TEAM ONE HUNDRED	35.20	5
8 Chapman, Kennedy	8	TRACK 7-5-7	36.08	4
9 Mcintyre, Kennedy	8	SUFFOLK STARS TRACK AND FII	36.53	3
10 Gaston, Niyah	7	SUFFOLK STARS TRACK AND FII	36.82	4
11 Wallace, Starria	8	HAMPTON CITY ATHLETICS	37.03	2
12 Johnson, Khiandra	8	TRACK 7-5-7	37.78	1
13 Baker, Kayla	8	SUFFOLK STARS TRACK AND FII	37.88	3
14 Covington, Lauren	8	CHURCHLAND TRAILBLAZERS 1	38.21	4
15 White, Arielle	7	PRINCE WILLIAM COUNTY PWC	39.41	3
16 Jauhari, Justine	7	EAST END TRACK AND FIELD CI	39.51	1
17 Cuffee, Kyana	7	VA BEACH FLAMES TRACK AND	39.73	5
18 Anderson, Denise	8	HAMPTON CITY ATHLETICS	40.17	1
19 Byrd, Sydney	7	DALE CITY LIGHTNING	40.28	4
20 Wiggins, Lalia	8	CHURCHLAND TRAILBLAZERS 1	40.66	4
21 Noble, Samiya	7	EAST END TRACK AND FIELD CI	40.83	1
22 Campbell, Breah-Kailani	8	HAMPTON CITY ATHLETICS	41.46	1
23 Evans, Ken'Asia	6	VA BEACH FLAMES TRACK AND	41.74	5
24 Kissoon, Alecia	7	TEAM FLASH	42.15	2
25 Coley, Kai'A	6	JUMPFANATICS ATHLETICS LLC	42.80	2
26 Gillis, Jayla	8	HAMPTON CITY ATHLETICS	43.22	1
27 Phifer, Makya	5	ATHLETIC XPRESS GREYHOUNE	43.65	3
28 Davis-Reuben, Janiyah	6	VA BEACH FLAMES TRACK AND	45.94	1
29 Spear, Meagan	7	VA BEACH FLAMES TRACK AND	46.58	4
30 Thomas, Kahmaiya	5	EAST END TRACK AND FIELD CI	48.22	2
31 Gilchrist, Madison	6	CHURCHLAND TRAILBLAZERS 1	48.81	2
--- Rodgers, Alana	6	CHURCHLAND TRAILBLAZERS 1	DNF	3
--- Hawkins, Ariana	6	CHURCHLAND TRAILBLAZERS 1	DNS	3
--- Bell, Giannah	8	TRACK 7-5-7	DNS	2
--- Shabazz, Za'Niah	7	EAST END TRACK AND FIELD CI	DNS	3
--- Tinnion, Gabrielle	7	CHURCHLAND TRAILBLAZERS 1	DNS	2

Girls 400 Meter Dash Primary

Name	Age	Team	Finals	H#
Finals				
1 Martin, Aniya	8	CHURCHLAND TRAILBLAZERS 1	1:16.13	4
2 Brown, Sariah	7	TECHNIQUE TC	1:18.98	2
3 Gray, Kianna	8	SUFFOLK STARS TRACK AND FII	1:20.06	4
4 Chapman, Kennedy	8	TRACK 7-5-7	1:23.87	4
5 Evans, Raven	8	DALE CITY LIGHTNING	1:24.25	4
6 Crosby, Je'Sanna	8	EAST END TRACK AND FIELD CI	1:25.32	4
7 Johnson, Akiba	8	TECHNIQUE TC	1:28.76	2
8 Armstrong, Deja	8	TRACK 7-5-7	1:30.92	1
9 Byrd, Sydney	7	DALE CITY LIGHTNING	1:32.19	3
10 Thorpe, Nevaeh	8	VA BEACH FLAMES TRACK AND	1:32.89	4
11 Granger, Rheis	7	TEAM FLASH	1:33.96	2
12 Noble, Samiya	7	EAST END TRACK AND FIELD CI	1:36.72	1
13 Jauhari, Justine	7	EAST END TRACK AND FIELD CI	1:36.77	2

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Name	Age	Team	Finals	H#
14 Gary, Shaniyah	6	ATHLETIC XPRESS GREYHOUND	1:37.41	3
15 Kissoon, Alecia	7	TEAM FLASH	1:38.77	2
16 Alden, Leah	7	TEAM FLASH	1:39.03	1
17 Coley, Kai'A	6	JUMPFANATICS ATHLETICS LLC	1:39.27	3
18 Mackey, Nia	7	TRACK 7-5-7	1:39.76	1
19 Anderson, Denise	8	HAMPTON CITY ATHLETICS	1:40.24	2
20 Phifer, Makyia	5	ATHLETIC XPRESS GREYHOUND	1:42.54	3
21 Valentine, Amiya	6	ATHLETIC XPRESS GREYHOUND	1:43.10	3
22 Thomas, Kahmaiya	5	EAST END TRACK AND FIELD CI	1:45.26	3
23 Cuffee, Kyana	7	VA BEACH FLAMES TRACK AND	1:46.98	4
24 Davis-Reuben, Janiyah	6	VA BEACH FLAMES TRACK AND	1:48.21	1
25 Spear, Meagan	7	VA BEACH FLAMES TRACK AND	1:48.79	2
26 Rose, Michailyn	4	FIA AMBASSADORS	1:52.22	1
27 Shabazz, Za'Niah	7	EAST END TRACK AND FIELD CI	2:06.72	3

Girls 800 Meter Run Primary

Name	Age	Team	Finals
Finals			
1 Martin, Aniya	8	CHURCHLAND TRAILBLAZERS 1	2:54.64
2 Johnson, Akiba	8	TECHNIQUE TC	3:11.45
3 Mallory, Kameron	7	TECHNIQUE TC	3:25.85
4 Thorpe, Nevaeh	8	VA BEACH FLAMES TRACK AND	3:26.42
5 Evans, Jordyn	8	DALE CITY LIGHTNING	3:33.18
6 Armstrong, Deja	8	TRACK 7-5-7	3:44.21
7 Valentine, Amiya	6	ATHLETIC XPRESS GREYHOUND	3:45.56
--- Alden, Leah	7	TEAM FLASH	DNS

Girls 1500 Meter Run Primary

Name	Age	Team	Finals
Finals			
1 Martin, Aniya	8	CHURCHLAND TRAILBLAZERS 1	6:03.73
2 Mallory, Kameron	7	TECHNIQUE TC	6:37.71
3 Thorpe, Nevaeh	8	VA BEACH FLAMES TRACK AND	6:58.27
4 Evans, Jordyn	8	DALE CITY LIGHTNING	7:03.25
5 Alden, Leah	7	TEAM FLASH	7:54.62
6 Rose, Michailyn	4	FIA AMBASSADORS	8:59.85
7 Armstrong, Deja	8	TRACK 7-5-7	9:00.39

Girls 4x100 Meter Relay Primary

Team	Relay	Finals
Finals		
1 SUFFOLK STARS TRACK AND 1	A	1:08.28
2 TECHNIQUE TC	A	1:14.75
3 TRACK 7-5-7	A	1:14.78

Girls Long Jump Primary

Name	Age	Team	Finals
Finals			
1 Anderson, Denise	8	HAMPTON CITY ATHLETICS	9-02.75
2 Hoggard, Lyric	8	VA BEACH FLAMES TRACK AND	7-08.00

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	Name	Age	Team	Finals
3	Campbell, Breah-Kailani	8	HAMPTON CITY ATHLETICS	7-03.00
4	Burton, Paris	8	RICHMOND HEAT TRACK SPORT	7-02.75
5	Covington, Lauren	8	CHURCHLAND TRAILBLAZERS 1	6-08.25
6	Coley, Kai'A	6	JUMPFANATICS ATHLETICS LLC	6-07.00
7	Burton, Endya	8	RICHMOND HEAT TRACK SPORT	6-01.25
8	Gary, Shaniyah	6	ATHLETIC XPRESS GREYHOUND	5-10.50
9	Evans, Ken'Asia	6	VA BEACH FLAMES TRACK AND	4-08.25
10	Burrell, Destiny	6	TECHNIQUE TC	4-02.75
---	Wallace, Starria	8	HAMPTON CITY ATHLETICS	ND
---	Rose, Michailyn	4	FIA AMBASSADORS	ND
---	Gillis, Jayla	8	HAMPTON CITY ATHLETICS	ND
---	Gray, Kianna	8	SUFFOLK STARS TRACK AND FII	ND
---	Wiggins, Lalia	8	CHURCHLAND TRAILBLAZERS 1	DNS
---	Tinnion, Gabrielle	7	CHURCHLAND TRAILBLAZERS 1	DNS
---	Hawkins, Ariana	6	CHURCHLAND TRAILBLAZERS 1	DNS
---	Gilchrist, Madison	6	CHURCHLAND TRAILBLAZERS 1	DNS
---	Rodgers, Alana	6	CHURCHLAND TRAILBLAZERS 1	DNS
---	Mcclain, Gabrielle	6	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Shot Put 4 lbs Primary

	Name	Age	Team	Finals
Finals				
1	Bradshaw, Shayla	8	TRI-COUNTY TRACK CLUB	16-02.00
2	Gillis, Jayla	8	HAMPTON CITY ATHLETICS	15-00.25
3	Scott, Amarionna	8	TEAM ONE HUNDRED	13-07.50
---	Mcclain, Gabrielle	6	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 100 Meter Dash Sub-Bantam

	Name	Age	Team	Finals	H#
Finals					
1	Ballard, Na'Taja	9	HAMPTON CITY ATHLETICS	14.71	3
2	Hardy, Jordan	9	HAMPTON CITY ATHLETICS	15.15	3
3	Tyson, Kyani	9	VA BEACH FLAMES TRACK AND	15.27	3
4	Anderson, Layla	9	HAMPTON CITY ATHLETICS	15.29	3
5	Thigpen, Mckaelyn	9	EAST END TRACK AND FIELD CI	15.37	3
6	Stelly, Zamia	9	VA BEACH FLAMES TRACK AND	15.45	2
7	Foreman, Jada	9	RICHMOND HEAT TRACK SPORT	16.24	3
8	Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORT	16.34	2
9	Eure, Mykaila	9	CHURCHLAND TRAILBLAZERS 1	16.73	2
10	Perrello, Yvonna	9	RICHMOND HEAT TRACK SPORT	16.85	2
11	Lynch, Kelsi	9	HAMPTON CITY ATHLETICS	17.20	1
12	Noble, Amira	9	EAST END TRACK AND FIELD CI	17.36	1
13	Barnes, Lanette	9	TEAM ONE HUNDRED	17.49	2
14	Henry, Omika	9	LAZERS TC	18.06	1
15	Anderson, Jada	9	HAMPTON CITY ATHLETICS	18.23	1
16	El-Amin, Alyscia	9	HAMPTON CITY ATHLETICS	18.65	1
---	Wilson, Abigail	9	EAST END TRACK AND FIELD CI	DNS	1

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Name	Age	Team	Finals	H#
Finals				
1 Hardy, Jordan	9	HAMPTON CITY ATHLETICS	31.63	3
2 Stelly, Zamia	9	VA BEACH FLAMES TRACK AND	32.60	3
3 Foreman, Jada	9	RICHMOND HEAT TRACK SPORT	33.09	3
4 Mccall, Ciara	9	HAMPTON CITY ATHLETICS	33.85	3
5 Anderson, Layla	9	HAMPTON CITY ATHLETICS	34.12	3
6 Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORT	34.19	2
7 Thigpen, Mckaelyn	9	EAST END TRACK AND FIELD CI	34.35	3
8 Hines, Bethany	9	TRACK 7-5-7	35.62	1
9 Perrello, Yvonnia	9	RICHMOND HEAT TRACK SPORT	35.77	2
10 Lynch, Kelsi	9	HAMPTON CITY ATHLETICS	36.04	1
11 Noble, Amira	9	EAST END TRACK AND FIELD CI	38.12	1
12 El-Amin, Alyscia	9	HAMPTON CITY ATHLETICS	38.48	1
13 Barnes, Lanette	9	TEAM ONE HUNDRED	38.63	2
14 Henry, Omika	9	LAZERS TC	39.01	1
15 Eure, Mykaila	9	CHURCHLAND TRAILBLAZERS 1	39.78	2
16 Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	40.44	2
17 Stone, Amari	9	TRACK 7-5-7	41.68	1
--- Hawkins, Kalkidian	9	TEAM FLASH	DNS	2

Girls 400 Meter Dash Sub-Bantam

Name	Age	Team	Finals	H#
Finals				
1 Rose, Michaela	9	FIA AMBASSADORS	1:09.48	2
2 Ballard, Na'Taja	9	HAMPTON CITY ATHLETICS	1:16.61	2
3 Knox, Yaszmin	9	TRACK 7-5-7	1:18.70	2
4 Boykins, Julia	9	CHURCHLAND TRAILBLAZERS 1	1:18.85	2
5 Mccall, Ciara	9	HAMPTON CITY ATHLETICS	1:21.50	2
6 Roach, Gabrielle	9	EAST END TRACK AND FIELD CI	1:21.78	2
7 Binns, Asia	9	TECHNIQUE TC	1:24.22	1
8 Hines, Bethany	9	TRACK 7-5-7	1:25.64	1
9 Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORT	1:27.88	1
10 Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	1:29.54	2
11 Noble, Amira	9	EAST END TRACK AND FIELD CI	1:31.66	1
12 Henry, Omika	9	LAZERS TC	1:34.75	1
13 Eure, Mykaila	9	CHURCHLAND TRAILBLAZERS 1	1:36.97	2
14 Pankow, Caroline	9	FIA AMBASSADORS	1:36.99	1
15 Stone, Amari	9	TRACK 7-5-7	1:40.35	1
--- Wilson, Abigail	9	EAST END TRACK AND FIELD CI	DNS	1

Girls 800 Meter Run Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Rose, Michaela	9	FIA AMBASSADORS	2:47.44
2 Windham, Jaelyn	9	TECHNIQUE TC	2:58.15
3 Knox, Yaszmin	9	TRACK 7-5-7	2:58.72
4 Saunders, Jahnelle	9	TECHNIQUE TC	3:04.57
5 Roach, Gabrielle	9	EAST END TRACK AND FIELD CI	3:05.53

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	Name	Age	Team	Finals
6	Hawkins, Kalkidian	9	TEAM FLASH	3:15.06
7	Binns, Asia	9	TECHNIQUE TC	3:24.88
8	Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORT	3:25.45
9	Bailey, Taylor	9	CHURCHLAND TRAILBLAZERS 1	3:46.85
10	Pankow, Caroline	9	FIA AMBASSADORS	3:48.46
---	Boykins, Julia	9	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 1500 Meter Run Sub-Bantam

	Name	Age	Team	Finals
Finals				
1	Rose, Michaela	9	FIA AMBASSADORS	5:24.36
2	Windham, Jaelyn	9	TECHNIQUE TC	6:08.88
3	Roach, Gabrielle	9	EAST END TRACK AND FIELD CI	6:33.56
4	Saunders, Jahnelle	9	TECHNIQUE TC	7:06.01

Girls High Jump Sub-Bantam

	Name	Age	Team	Finals
Finals				
1	Saunders, Jahnelle	9	TECHNIQUE TC	3-06.00

Girls Long Jump Sub-Bantam

	Name	Age	Team	Finals
Finals				
1	Thigpen, Mckaelyn	9	EAST END TRACK AND FIELD CI	11-04.50
2	Hardy, Jordan	9	HAMPTON CITY ATHLETICS	11-03.75
3	Mccall, Ciara	9	HAMPTON CITY ATHLETICS	10-07.25
4	Anderson, Layla	9	HAMPTON CITY ATHLETICS	10-03.25
5	Foreman, Jada	9	RICHMOND HEAT TRACK SPORT	10-02.00
5	Stelly, Zamia	9	VA BEACH FLAMES TRACK AND	10-02.00
7	Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORT	9-09.50
8	Perrello, Yvonnia	9	RICHMOND HEAT TRACK SPORT	9-08.00
9	Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORT	8-07.25
10	Anderson, Jada	9	HAMPTON CITY ATHLETICS	8-02.50
11	Lynch, Kelsi	9	HAMPTON CITY ATHLETICS	7-09.00
12	Barnes, Lanette	9	TEAM ONE HUNDRED	7-08.50
13	El-Amin, Alyscia	9	HAMPTON CITY ATHLETICS	7-00.00
14	Hines, Bethany	9	TRACK 7-5-7	6-10.00
15	Pankow, Caroline	9	FIA AMBASSADORS	5-10.00
16	Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	5-06.00
---	Tyson, Kyani	9	VA BEACH FLAMES TRACK AND	ND
---	Ballard, Na'Taja	9	HAMPTON CITY ATHLETICS	ND

Girls Shot Put 6 lbs Sub-Bantam

	Name	Age	Team	Finals
Finals				
1	Anderson, Jada	9	HAMPTON CITY ATHLETICS	13-01.75
---	Wilson, Abigail	9	EAST END TRACK AND FIELD CI	DNS

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Girls 1500 Meter Race Walk Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Stone, Amari	9	TRACK 7-5-7	11:05.66
2 Bailey, Taylor	9	CHURCHLAND TRAILBLAZERS 1	11:18.19

Girls 100 Meter Dash Bantam

Name	Age	Team	Finals	H#
Finals				
1 O'Neil, Mia	10	VA BEACH FLAMES TRACK AND	14.23	4
2 Tyson, Kyasia	10	VA BEACH FLAMES TRACK AND	14.27	4
3 Pierre, Jada	10	PRINCE WILLIAM COUNTY PWC	14.82	3
4 Townsend, Grace	10	FLEET MIDLOTHIAN	14.91	3
5 Sherrod, Tikerrah	10	VA BEACH FLAMES TRACK AND	15.24	3
6 Harris, Alesha	10	TRI-COUNTY TRACKK CLUB	15.43	4
7 Squire, Emily	10	TEAM FLASH	15.60	2
8 Edwards, Amahri	10	CHURCHLAND TRAILBLAZERS 1	15.63	2
9 Davis, Sohmer	10	VIRGINIA PROWLERS	15.86	3
10 Baldwin, Khamya	10	CHURCHLAND TRAILBLAZERS 1	15.91	3
11 Wake, Arnessia	10	EAST END TRACK AND FIELD CI	16.10	3
12 Williamson, Nia	10	EAST END TRACK AND FIELD CI	16.35	1
13 Valentine, Denecia	10	TRI-COUNTY TRACKK CLUB	16.56	1
14 Brown, Michela	10	SUFFOLK STARS TRACK AND FII	16.57	2
15 Norris, Selah	10	THE FAST FURIOUS TC INC	16.60	4
16 Morales, Destiny	10	SPEED CITY CHARGERS	16.61	1
17 Balde, Fatoumata	10	HAMPTON CITY ATHLETICS	16.64	1
18 Wilson, Jysiah	10	CHURCHLAND TRAILBLAZERS 1	16.95	2
19 Jones, Jada	10	VA BEACH FLAMES TRACK AND	17.49	1
20 Williams, Savannah	10	TECHNIQUE TC	17.51	1
21 Bracy, Kiyah	10	NORFOLK REAL DEAL	17.70	4
22 Smith, Destiny	10	ATHLETIC XPRESS GREYHOUND	17.96	2
23 Wills, Tyana	10	VIRGINIA BEACH PATHFINDERS	18.20	3
24 Epps, Makayla	10	THE FAST FURIOUS TC INC	18.21	2
25 Gibson, Nyla	10	TEAM ONE HUNDRED	18.22	2
--- Mercer, Asya	10	UNATTACHED	DNS	4
--- Pina, Jada	10	EAST END TRACK AND FIELD CI	DNS	1
--- Hinton, Ahzyah	10	CHURCHLAND TRAILBLAZERS 1	DNS	4

Girls 200 Meter Dash Bantam

Name	Age	Team	Finals	H#
Finals				
1 O'Neil, Mia	10	VA BEACH FLAMES TRACK AND	29.40	4
2 Tyson, Kyasia	10	VA BEACH FLAMES TRACK AND	30.40	4
3 Pierre, Jada	10	PRINCE WILLIAM COUNTY PWC	30.87	4
4 Armstrong, Eleyah	10	TECHNIQUE TC	31.19	4
5 Jones, Ashlyn	10	PRINCE WILLIAM COUNTY PWC	31.74	4
6 Sherrod, Tikerrah	10	VA BEACH FLAMES TRACK AND	32.01	4
7 Blair, Nyla	10	ATHLETIC XPRESS GREYHOUND	32.21	3
8 Harris, Alesha	10	TRI-COUNTY TRACKK CLUB	32.83	1
9 Richardson, Jaiyah	10	PRINCE WILLIAM COUNTY PWC	32.95	3

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Name	Age	Team	Finals	H#
10 Davis, Sohmer	10	VIRGINIA PROWLERS	33.59	3
11 Rucker, Khari	10	RICHMOND HEAT TRACK SPORT	33.86	3
12 Wake, Arnessia	10	EAST END TRACK AND FIELD CI	34.70	3
13 Squire, Emily	10	TEAM FLASH	35.16	2
14 Williamson, Nia	10	EAST END TRACK AND FIELD CI	35.22	1
15 Norris, Selah	10	THE FAST FURIOUS TC INC	35.76	2
16 Brittain, Nia	10	NORFOLK REAL DEAL	35.95	2
17 Logan, Leanna	10	VIRGINIA PROWLERS	36.75	3
18 Arthur, Paris	10	VIRGINIA PROWLERS	37.23	2
19 Bracy, Kiyah	10	NORFOLK REAL DEAL	37.40	2
20 Valentine, Denecia	10	TRI-COUNTY TRACK CLUB	37.62	1
21 Williams, Savannah	10	TECHNIQUE TC	37.70	1
22 Jones, Jada	10	VA BEACH FLAMES TRACK AND	38.84	1
23 Smith, Destiny	10	ATHLETIC XPRESS GREYHOUND	39.80	1
24 Epps, Makayla	10	THE FAST FURIOUS TC INC	41.60	2
25 Wills, Tyana	10	VIRGINIA BEACH PATHFINDERS	43.65	2
--- Morales, Destiny	10	SPEED CITY CHARGERS	DNS	1
--- Hinton, Ahzyah	10	CHURCHLAND TRAILBLAZERS 1	DNS	4

Girls 400 Meter Dash Bantam

Name	Age	Team	Finals	H#
Finals				
1 Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUND	1:08.72	4
2 Jones, Ashlyn	10	PRINCE WILLIAM COUNTY PWC	1:11.74	3
3 Wallace, Ashley	10	PRINCE WILLIAM COUNTY PWC	1:11.92	4
4 Davis, Sohmer	10	VIRGINIA PROWLERS	1:12.37	2
5 Richardson, Jaiyah	10	PRINCE WILLIAM COUNTY PWC	1:13.16	3
6 Mercer, Asya	10	UNATTACHED	1:14.50	4
7 Blair, Nyla	10	ATHLETIC XPRESS GREYHOUND	1:14.68	3
8 Townsend, Grace	10	FLEET MIDLOTHIAN	1:15.31	2
9 Armstrong, Eleyah	10	TECHNIQUE TC	1:16.85	4
10 Wake, Arnessia	10	EAST END TRACK AND FIELD CI	1:17.19	2
11 Rucker, Khari	10	RICHMOND HEAT TRACK SPORT	1:17.81	3
12 Gardner, India	10	RICHMOND HEAT TRACK SPORT	1:18.27	2
13 Harris, Alesha	10	TRI-COUNTY TRACK CLUB	1:19.46	1
14 Williamson, Nia	10	EAST END TRACK AND FIELD CI	1:19.80	2
15 Flores, Yenelis	10	TRACK 7-5-7	1:20.45	3
16 Johnson, Shoshana	10	TECHNIQUE TC	1:20.80	1
17 Caraballo, Asia	10	VA BEACH FLAMES TRACK AND	1:22.62	4
18 Arthur, Paris	10	VIRGINIA PROWLERS	1:24.52	1
19 Brittain, Nia	10	NORFOLK REAL DEAL	1:24.57	2
20 Logan, Leanna	10	VIRGINIA PROWLERS	1:25.01	1
21 Bracy, Kiyah	10	NORFOLK REAL DEAL	1:28.17	1
22 Jones, Jada	10	VA BEACH FLAMES TRACK AND	1:35.64	1
--- Dixon, Imanhi	10	UNATTACHED	DNS	3
--- Bell, Genesis	10	TRACK 7-5-7	DNS	1
--- Hinton, Ahzyah	10	CHURCHLAND TRAILBLAZERS 1	DNS	4

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Girls 800 Meter Run Bantam

Name	Age	Team	Finals
Finals			
1 Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUND	2:41.86
2 Mercer, Asya	10	UNATTACHED	2:56.99
3 Johnson, Shoshana	10	TECHNIQUE TC	3:03.63
4 Rice, Jalynn	10	TECHNIQUE TC	3:07.13
5 Perez, Kamele	10	TRACK 7-5-7	3:07.61
6 Caraballo, Asia	10	VA BEACH FLAMES TRACK AND	3:10.34
7 Gardner, India	10	RICHMOND HEAT TRACK SPORT	3:21.18
8 Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	3:29.29
--- Bell, Genesis	10	TRACK 7-5-7	DNS
--- Dixon, Imanhi	10	UNATTACHED	DNS

Girls 1500 Meter Run Bantam

Name	Age	Team	Finals
Finals			
1 Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUND	5:35.18
2 Caraballo, Asia	10	VA BEACH FLAMES TRACK AND	6:33.36
--- Dixon, Imanhi	10	UNATTACHED	DNS

Girls 4x100 Meter Relay Bantam

Team	Relay	Finals
Finals		
1 VA BEACH FLAMES TRACK AN	A	57.26
2 PRINCE WILLIAM COUNTY PW	A	58.26

Girls 4x400 Meter Relay Bantam

Team	Relay	Finals
Finals		
1 TECHNIQUE TC	A	5:37.41
2 CHURCHLAND TRAILBLAZER	A	5:49.60
3 TRACK 7-5-7	A	5:54.67

Girls High Jump Bantam

Name	Age	Team	Finals
Finals			
1 Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	3-08.00
2 Flores, Yenelis	10	TRACK 7-5-7	3-06.00
3 Perez, Kamele	10	TRACK 7-5-7	3-04.00
4 Williams, Savannah	10	TECHNIQUE TC	3-02.00

Girls Long Jump Bantam

Name	Age	Team	Finals
Finals			
1 Wallace, Ashley	10	PRINCE WILLIAM COUNTY PWC	12-03.00
2 Rice, Jalynn	10	TECHNIQUE TC	11-09.00
3 Edwards, Amahri	10	CHURCHLAND TRAILBLAZERS 1	11-00.50
4 Baldwin, Khamya	10	CHURCHLAND TRAILBLAZERS 1	9-11.00
5 Rucker, Khari	10	RICHMOND HEAT TRACK SPORT	9-09.50
6 Gardner, India	10	RICHMOND HEAT TRACK SPORT	9-07.00

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Finals ... (Girls Long Jump Bantam)

Name	Age	Team	Finals
7 Sherrod, Tikerrah	10	VA BEACH FLAMES TRACK AND	9-06.00
8 Balde, Fatoumata	10	HAMPTON CITY ATHLETICS	7-09.00
9 Epps, Makayla	10	THE FAST FURIOUS TC INC	7-03.25
10 Gibson, Nyla	10	TEAM ONE HUNDRED	6-09.00
11 Wills, Tyana	10	VIRGINIA BEACH PATHFINDERS	6-07.50
--- Squire, Emily	10	TEAM FLASH	ND
--- Norris, Selah	10	THE FAST FURIOUS TC INC	ND
--- Morales, Destiny	10	SPEED CITY CHARGERS	ND
--- Blair, Nyla	10	ATHLETIC XPRESS GREYHOUND	DNS
--- McClain, Catherine	10	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Shot Put 6 lbs Bantam

Name	Age	Team	Finals
1 Townsend, Grace	10	FLEET MIDLOTHIAN	19-03.00
2 Brittain, Nia	10	NORFOLK REAL DEAL	16-06.75
3 Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	15-01.00
4 Brown, Michela	10	SUFFOLK STARS TRACK AND FII	14-07.00
5 Settles, Akira	10	TRI-COUNTY TRACKK CLUB	14-04.00
6 Balde, Fatoumata	10	HAMPTON CITY ATHLETICS	14-01.25
7 Wilson, Jysiah	10	CHURCHLAND TRAILBLAZERS 1	13-08.75
8 Gibson, Nyla	10	TEAM ONE HUNDRED	12-08.75
9 Valentine, Denecia	10	TRI-COUNTY TRACKK CLUB	10-09.75
--- Pina, Jada	10	EAST END TRACK AND FIELD CI	DNS
--- McClain, Catherine	10	CHURCHLAND TRAILBLAZERS 1	DNS
--- Rountree, Alexis	10	SUFFOLK STARS TRACK AND FII	DNS

Girls 1500 Meter Race Walk Bantam

Name	Age	Team	Finals
1 Wilson, Jysiah	10	CHURCHLAND TRAILBLAZERS 1	10:44.80
2 Arthur, Paris	10	VIRGINIA PROWLERS	10:47.98
3 Logan, Leanna	10	VIRGINIA PROWLERS	11:24.23
4 Smith, Destiny	10	ATHLETIC XPRESS GREYHOUND	12:40.69
--- McClain, Catherine	10	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 100 Meter Dash Sub-Midget

Name	Age	Team	Finals	H#
1 Ballard, Shadajah	11	HAMPTON CITY ATHLETICS	13.34	2
2 Banks, Alexis	11	CHURCHLAND TRAILBLAZERS 1	13.74	2
3 Edwards, Rolanda	11	TRACK SERIOUS TRACK AND FII	13.76	2
4 Tilmon, Jazmine	11	NORFOLK REAL DEAL	14.30	1
5 Newell, Jada	11	TRI-COUNTY TRACKK CLUB	14.69	1
6 Anthony, Kiara	11	RICHMOND HEAT TRACK SPORT	15.21	2
7 Johnson, Carleah	11	EAST END TRACK AND FIELD CI	15.48	1
8 Stevens, Janaya	11	CHURCHLAND TRAILBLAZERS 1	15.53	1
9 Pitts, Chiante	11	THE FAST FURIOUS TC INC	15.87	2
10 Mccray, Imani	11	TEAM FLASH	15.89	1

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Finals ... (Girls 100 Meter Dash Sub-Midget)

Name	Age	Team	Finals	H#
11 Manning, Ahmani	11	HAMPTON CITY ATHLETICS	15.96	1
12 Sparks, Jessica	11	EAST END TRACK AND FIELD CI	17.36	1
--- Granger, Rhyan	11	TEAM FLASH	DNS	2

Girls 200 Meter Dash Sub-Midget

Name	Age	Team	Finals	H#
Finals				
1 Venters, Jada	11	SPEED CITY CHARGERS	28.15	3
2 Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	28.51	3
3 Scott-Mckoy, Tre'Breh	11	CHURCHLAND TRAILBLAZERS 1	29.21	3
4 Roe, Zayin	11	RICHMOND HEAT TRACK SPORT	29.68	3
5 Williams, Laniah	11	VA BEACH FLAMES TRACK AND	29.93	3
6 Tilmon, Jazmine	11	NORFOLK REAL DEAL	29.99	2
7 Shockley, Adriana	11	EAST END TRACK AND FIELD CI	30.16	1
8 Newell, Jada	11	TRI-COUNTY TRACKK CLUB	31.16	1
9 Mahone, Akira	11	NORFOLK REAL DEAL	31.35	2
10 Anthony, Kiara	11	RICHMOND HEAT TRACK SPORT	31.64	2
11 Harrell, Derriona	11	TRACK 7-5-7	31.74	1
12 Pitts, Chiante	11	THE FAST FURIOUS TC INC	32.74	2
13 Johnson, Carleah	11	EAST END TRACK AND FIELD CI	33.44	1
14 Manning, Ahmani	11	HAMPTON CITY ATHLETICS	33.67	1
15 Mccray, Imani	11	TEAM FLASH	33.78	1
16 Ware, Sydney	11	VIRGINIA PROWLERS	33.93	2
17 Williams, Madison	11	HAMPTON CITY ATHLETICS	34.96	1
18 King, Amyah	11	PRINCE WILLIAM COUNTY PWC	35.22	2
--- Beaver, Tamia	11	VIRGINIA PROWLERS	DNS	2
--- Stevens, Janaya	11	CHURCHLAND TRAILBLAZERS 1	DNS	1
--- Edwards, Rolanda	11	TRACK SERIOUS TRACK AND FII	DNS	3

Girls 400 Meter Dash Sub-Midget

Name	Age	Team	Finals	H#
Finals				
1 Porter, Maquazha	11	CHURCHLAND TRAILBLAZERS 1	1:06.42	3
2 Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	1:07.10	3
3 Roe, Zayin	11	RICHMOND HEAT TRACK SPORT	1:07.13	3
4 Shockley, Adriana	11	EAST END TRACK AND FIELD CI	1:07.82	3
5 Williams, Laniah	11	VA BEACH FLAMES TRACK AND	1:08.88	3
6 Granger, Rhyan	11	TEAM FLASH	1:08.90	1
7 Gaston, Imani	11	EAST END TRACK AND FIELD CI	1:09.67	2
8 Venters, Jada	11	SPEED CITY CHARGERS	1:09.83	3
9 Williams, Jaiden	11	EAST END TRACK AND FIELD CI	1:10.12	3
10 Mahone, Akira	11	NORFOLK REAL DEAL	1:10.55	2
11 Williams, Kendra	11	VIRGINIA PROWLERS	1:12.35	2
12 Waye, Hanay	11	TRACK 7-5-7	1:13.99	1
13 Newell, Jada	11	TRI-COUNTY TRACKK CLUB	1:16.87	1
14 Harrell, Derriona	11	TRACK 7-5-7	1:18.06	1
15 Tate, Leasia	11	TRACK 7-5-7	1:18.07	1
16 Ware, Sydney	11	VIRGINIA PROWLERS	1:18.12	2
17 Mccray, Imani	11	TEAM FLASH	1:19.14	2

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Finals ... (Girls 400 Meter Dash Sub-Midget)

	Name	Age	Team	Finals	H#
18	King, Amyah	11	PRINCE WILLIAM COUNTY PWC	1:20.21	2
19	Jones, Khayil	11	EAST END TRACK AND FIELD CI	1:20.37	1
20	Lewis, Sierra	11	VIRGINIA PROWLERS	1:38.91	2
---	Beaver, Tamia	11	VIRGINIA PROWLERS	DNS	2
---	Williams, Madison	11	HAMPTON CITY ATHLETICS	DNS	1
---	Jones, Camille	11	TEAM FLASH	DNS	3

Girls 800 Meter Run Sub-Midget

	Name	Age	Team	Finals
Finals				
1	Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	2:46.56
2	Scott, Alysa	11	UNATTACHED	2:46.58
3	Shockley, Adriana	11	EAST END TRACK AND FIELD CI	2:47.09
4	Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	2:48.73
5	Gaston, Imani	11	EAST END TRACK AND FIELD CI	2:52.93
6	Williams, Jaiden	11	EAST END TRACK AND FIELD CI	2:53.35
7	Wilks, Elise	11	VA BEACH FLAMES TRACK AND	2:53.96
8	Waye, Hanay	11	TRACK 7-5-7	3:01.71
9	Lassiter, Carsyn	11	VA BEACH FLAMES TRACK AND	3:05.69
10	Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUNE	3:07.14
11	Spear, Sarah	11	VA BEACH FLAMES TRACK AND	3:11.60
12	Jones, Khayil	11	EAST END TRACK AND FIELD CI	3:39.87
---	Suraffod, Kiana	11	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 1500 Meter Run Sub-Midget

	Name	Age	Team	Finals
Finals				
1	Scott, Alysa	11	UNATTACHED	5:37.21
2	Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	5:39.22
3	Wilks, Elise	11	VA BEACH FLAMES TRACK AND	5:54.96
4	Lassiter, Carsyn	11	VA BEACH FLAMES TRACK AND	6:10.11
5	Spear, Sarah	11	VA BEACH FLAMES TRACK AND	6:18.41
6	Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUNE	6:35.97

Girls 3000 Meter Run Sub-Midget

	Name	Age	Team	Finals
Finals				
1	Spear, Sarah	11	VA BEACH FLAMES TRACK AND	13:11.09
2	Lassiter, Carsyn	11	VA BEACH FLAMES TRACK AND	13:12.31
---	Wilks, Elise	11	VA BEACH FLAMES TRACK AND	DNS

Girls 80 Meter Hurdles Sub-Midget

	Name	Age	Team	Finals
Finals				
1	Stevens, Janaya	11	CHURCHLAND TRAILBLAZERS 1	18.62
---	Anthony, Kiara	11	RICHMOND HEAT TRACK SPORT	DNS

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Girls High Jump Sub-Midget

Name	Age	Team	Finals
Finals			
1 Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	4-02.00
2 Harrell, Derriona	11	TRACK 7-5-7	4-00.00
3 Waye, Hanay	11	TRACK 7-5-7	3-06.00

Girls Long Jump Sub-Midget

Name	Age	Team	Finals
Finals			
1 Ballard, Shadajah	11	HAMPTON CITY ATHLETICS	13-07.25
2 Venters, Jada	11	SPEED CITY CHARGERS	13-00.25
3 Tilmon, Jazmine	11	NORFOLK REAL DEAL	12-11.00
4 Roe, Zayin	11	RICHMOND HEAT TRACK SPORT	12-06.25
5 Mahone, Akira	11	NORFOLK REAL DEAL	11-00.50
6 Pitts, Chiante	11	THE FAST FURIOUS TC INC	10-00.50
7 King, Amyah	11	PRINCE WILLIAM COUNTY PWC	9-11.00
8 Tate, Leasia	11	TRACK 7-5-7	9-03.25
9 Williams, Madison	11	HAMPTON CITY ATHLETICS	9-02.00
--- Gaston, Imani	11	EAST END TRACK AND FIELD CI	ND

Girls Shot Put 6 lbs Sub-Midget

Name	Age	Team	Finals
Finals			
1 Williams, Kendra	11	VIRGINIA PROWLERS	21-07.25
2 Lewis, Sierra	11	VIRGINIA PROWLERS	17-03.50
3 Sparks, Jessica	11	EAST END TRACK AND FIELD CI	15-10.50
4 Gaston, Lesheerey	11	SUFFOLK STARS TRACK AND FII	13-02.25
--- Watson, Faith	11	VA BEACH FLAMES TRACK AND	DNS
--- Suraffod, Kiana	11	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Discus Throw Sub-Midget

Name	Age	Team	Finals
Finals			
1 Gaston, Lesheerey	11	SUFFOLK STARS TRACK AND FII	31-04
2 Manning, Ahmani	11	HAMPTON CITY ATHLETICS	28-06
--- Suraffod, Kiana	11	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 1500 Meter Race Walk Sub-Midget

Name	Age	Team	Finals
Finals			
1 Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUND	9:48.54
2 Tate, Leasia	11	TRACK 7-5-7	10:04.10
3 Ware, Sydney	11	VIRGINIA PROWLERS	10:04.60
4 Watson, Faith	11	VA BEACH FLAMES TRACK AND	10:13.78
5 Williams, Kendra	11	VIRGINIA PROWLERS	10:29.25
6 Lewis, Sierra	11	VIRGINIA PROWLERS	11:05.91

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Girls 100 Meter Dash Midget

Name	Age	Team	Finals	H#
Finals				
1 Carter, Kori	12	RICHMOND HEAT TRACK SPORT	12.69	3
2 Tucker, Jessica	12	TRACK 7-5-7	12.80	3
3 Lane, Jaylyn	12	CHURCHLAND TRAILBLAZERS 1	13.87	2
4 Starke, Samone	12	RICHMOND HEAT TRACK SPORT	13.95	2
5 Tyson, Kymiya	12	VA BEACH FLAMES TRACK AND	14.02	3
6 Wright, Nyana	12	EAST END TRACK AND FIELD CI	14.11	3
7 Cooper, Shai'Deja	12	VA BEACH FLAMES TRACK AND	14.32	3
8 Morrison, Delana	12	HAMPTON CITY ATHLETICS	14.85	1
9 Standard, Yanecia	12	ATHLETIC XPRESS GREYHOUND	14.88	2
10 Cross, Latavia	12	THE FAST FURIOUS TC INC	14.98	1
11 Arthur, Taylor	12	VIRGINIA PROWLERS	15.43	2
12 Trotman, Ayoka	12	EAST END TRACK AND FIELD CI	16.07	1
13 Muhammad, Iyanna	12	EAST END TRACK AND FIELD CI	16.09	1
14 Boyd, Alexandria	12	THE FAST FURIOUS TC INC	18.56	1
--- Cherry, Kiara	12	CHURCHLAND TRAILBLAZERS 1	DNS	3
--- Jones, Alessia	12	HAMPTON CITY ATHLETICS	DNS	2
--- Perry, Makayla	12	HAMPTON CITY ATHLETICS	DNS	1
--- Stratton, Bailey	12	LIONS DEN	DNS	2

Girls 200 Meter Dash Midget

Name	Age	Team	Finals	H#
Finals				
1 Carter, Kori	12	RICHMOND HEAT TRACK SPORT	25.79	2
2 Tucker, Jessica	12	TRACK 7-5-7	25.92	2
3 Ross, Brayya	12	HAMPTON CITY ATHLETICS	27.20	1
4 Hundley, Kaylus	12	NORFOLK REAL DEAL	28.61	2
5 Crocker, Asia	12	CHURCHLAND TRAILBLAZERS 1	28.76	2
6 Starke, Samone	12	RICHMOND HEAT TRACK SPORT	29.10	2
7 Brown, Desire	12	HAMPTON CITY ATHLETICS	30.30	2
8 Bland, Jasmine	12	THE FAST FURIOUS TC INC	30.47	1
9 Arthur, Taylor	12	VIRGINIA PROWLERS	31.27	2
10 Cross, Latavia	12	THE FAST FURIOUS TC INC	32.51	1
11 Hawkins, Bizuwerk	12	TEAM FLASH	33.36	1
12 Trotman, Ayoka	12	EAST END TRACK AND FIELD CI	33.54	1
13 Boyd, Alexandria	12	THE FAST FURIOUS TC INC	34.03	1
14 Mays, Trinity	12	JUMPFANATICS ATHLETICS LLC	37.31	1
15 Muhammad, Iyanna	12	EAST END TRACK AND FIELD CI	39.72	1
--- Cherry, Kiara	12	CHURCHLAND TRAILBLAZERS 1	DNS	2

Girls 400 Meter Dash Midget

Name	Age	Team	Finals	H#
Finals				
1 Johnson, Shakeria	12	TRACK 7-5-7	59.77	3
2 Bunch, Telina	12	EAST END TRACK AND FIELD CI	1:01.97	3
3 Ross, Brayya	12	HAMPTON CITY ATHLETICS	1:04.21	3
4 Hundley, Kaylus	12	NORFOLK REAL DEAL	1:05.14	2
5 Bynum, Diamond	12	TRACK 7-5-7	1:05.27	3

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Name	Age	Team	Finals	H#
6 Wright, Nyana	12	EAST END TRACK AND FIELD CI	1:05.59	2
7 Tyson, Kymiya	12	VA BEACH FLAMES TRACK AND	1:05.70	3
8 Cooper, Shai'Deja	12	VA BEACH FLAMES TRACK AND	1:05.76	3
9 Arthur, Taylor	12	VIRGINIA PROWLERS	1:06.83	2
10 Lynch, Briana	12	VA BEACH FLAMES TRACK AND	1:07.57	3
11 Trimble, Icesia	12	ATHLETIC XPRESS GREYHOUND	1:07.88	2
12 Pope, Tamya	12	TECHNIQUE TC	1:08.21	2
13 Gilliam, Aeilani	12	EAST END TRACK AND FIELD CI	1:08.80	2
14 Lane, Jaylyn	12	CHURCHLAND TRAILBLAZERS 1	1:08.93	2
15 Smith, Tamani	12	ATHLETIC XPRESS GREYHOUND	1:09.72	1
16 Starke, Samone	12	RICHMOND HEAT TRACK SPORT	1:12.17	2
17 Bland, Jasmine	12	THE FAST FURIOUS TC INC	1:14.87	1
18 Riddick, Claudia	12	SUFFOLK STARS TRACK AND FII	1:16.93	1
19 Trotman, Ayoka	12	EAST END TRACK AND FIELD CI	1:18.06	1
20 Hawkins, Bizuwerk	12	TEAM FLASH	1:18.28	1
21 Mays, Trinity	12	JUMPFANATICS ATHLETICS LLC	1:24.90	1
--- Carter, Kori	12	RICHMOND HEAT TRACK SPORT	DNS	3
--- Cooke, Genesis	12	CHURCHLAND TRAILBLAZERS 1	DNS	1

Girls 800 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Johnson, Shakeria	12	TRACK 7-5-7	2:26.02
2 Bynum, Diamond	12	TRACK 7-5-7	2:42.62
3 Trimble, Icesia	12	ATHLETIC XPRESS GREYHOUND	2:45.76
4 Pope, Tamya	12	TECHNIQUE TC	2:51.70
5 Standard, Yanecia	12	ATHLETIC XPRESS GREYHOUND	2:55.15
6 Smith, Tamani	12	ATHLETIC XPRESS GREYHOUND	2:55.63
7 Artis, Nakayla	12	ATHLETIC XPRESS GREYHOUND	3:02.82
8 Swinton, Precious	12	EAST END TRACK AND FIELD CI	3:04.14
9 Martin, Zahria	12	CHURCHLAND TRAILBLAZERS 1	3:35.98

Girls 1500 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Phifer, Alexia	12	ATHLETIC XPRESS GREYHOUND	5:20.15
2 Swinton, Precious	12	EAST END TRACK AND FIELD CI	5:58.91
3 Artis, Nakayla	12	ATHLETIC XPRESS GREYHOUND	6:34.04
4 Smith, Toni	12	CHURCHLAND TRAILBLAZERS 1	7:06.11
--- Alden, Anna	12	TEAM FLASH	DNS

Girls 3000 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Phifer, Alexia	12	ATHLETIC XPRESS GREYHOUND	11:50.29

Girls 80 Meter Hurdles Midget

Name	Age	Team	Finals	H#
Finals				
1 Parks, Skylar	12	EAST END TRACK AND FIELD CI	13.84	2

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Name	Age	Team	Finals	H#
2 Bunch, Telina	12	EAST END TRACK AND FIELD CI	15.15	2
3 Gilliam, Aeilani	12	EAST END TRACK AND FIELD CI	15.64	1
4 Brown, Desire	12	HAMPTON CITY ATHLETICS	16.36	1
5 Mason, Amari	12	SUFFOLK STARS TRACK AND FII	19.03	1
--- Cherry, Kiara	12	CHURCHLAND TRAILBLAZERS 1	DNS	1
--- Lynch, Briana	12	VA BEACH FLAMES TRACK AND	DNS	2

Girls 4x100 Meter Relay Midget

Team	Relay	Finals
Finals		
1 HAMPTON CITY ATHLETICS	A	53.50
2 EAST END TRACK AND FIELD	A	53.61
3 CHURCHLAND TRAILBLAZER	A	54.52
--- VA BEACH FLAMES TRACK AN	A	DNS

Girls 4x400 Meter Relay Midget

Team	Relay	Finals
Finals		
1 TRACK 7-5-7	A	4:12.99
2 CHURCHLAND TRAILBLAZER	A	4:50.79

Girls 4x800 Meter Relay Midget

Team	Relay	Finals
Finals		
1 ATHLETIC XPRESS GREYHOU	A	11:06.12

Girls Long Jump Midget

Name	Age	Team	Finals
Finals			
1 Parks, Skylar	12	EAST END TRACK AND FIELD CI	14-07.75
2 Pope, Tamya	12	TECHNIQUE TC	13-03.50
3 Crocker, Asia	12	CHURCHLAND TRAILBLAZERS 1	13-01.25
4 Morrison, Delana	12	HAMPTON CITY ATHLETICS	11-06.50
5 Mason, Amari	12	SUFFOLK STARS TRACK AND FII	9-03.50
5 Cross, Latavia	12	THE FAST FURIOUS TC INC	9-03.50
--- Bland, Jasmine	12	THE FAST FURIOUS TC INC	ND
--- Boyd, Alexandria	12	THE FAST FURIOUS TC INC	ND

Girls Shot Put 6 lbs Midget

Name	Age	Team	Finals
Finals			
1 McGeachy, Gabrielle	12	UNATTACHED	30-06.00
2 Cooke, Genesis	12	CHURCHLAND TRAILBLAZERS 1	24-01.25
3 Wright, Jayla	12	VA BEACH FLAMES TRACK AND	24-00.50
4 Stratton, Bailey	12	LIONS DEN	23-09.75
5 Riddick, Claudia	12	SUFFOLK STARS TRACK AND FII	21-00.00
6 Hundley, Kaylus	12	NORFOLK REAL DEAL	20-11.00
7 Jones, Alessia	12	HAMPTON CITY ATHLETICS	18-11.00
8 Perry, Makayla	12	HAMPTON CITY ATHLETICS	18-07.00

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Girls Discus Throw Midget

Name	Age	Team	Finals
Finals			
1 Stratton, Bailey	12	LIONS DEN	56-05
2 Smith, Toni	12	CHURCHLAND TRAILBLAZERS 1	51-08.50
3 McGeachy, Gabrielle	12	UNATTACHED	51-01
4 Perry, Makayla	12	HAMPTON CITY ATHLETICS	48-02.50
5 Martin, Zahria	12	CHURCHLAND TRAILBLAZERS 1	46-08
6 Jones, Alessia	12	HAMPTON CITY ATHLETICS	43-03.25

Girls 1500 Meter Race Walk Midget

Name	Age	Team	Finals
Finals			
1 Alden, Anna	12	TEAM FLASH	9:15.03
2 Smith, Toni	12	CHURCHLAND TRAILBLAZERS 1	9:55.86
3 Artis, Nakayla	12	ATHLETIC XPRESS GREYHOUND	10:04.69
4 Martin, Zahria	12	CHURCHLAND TRAILBLAZERS 1	10:22.95
5 Cooke, Genesis	12	CHURCHLAND TRAILBLAZERS 1	11:49.75

Girls 100 Meter Dash Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Burrell, Mariah	13	TECHNIQUE TC	12.66	2
2 Boone, Inayah	13	VA BEACH FLAMES TRACK AND	12.72	2
3 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	13.08	1
4 Jones, Ahrea	13	RICHMOND HEAT TRACK SPORT	13.10	2
5 Parker, Anaya	13	VA BEACH FLAMES TRACK AND	13.17	2
6 Johnson, Erykah	13	VA BEACH FLAMES TRACK AND	13.17	2
7 Scott, Carleen	13	UNATTACHED	13.36	1
8 Mcconner, Miyanla	13	SPEED CITY CHARGERS	13.65	2
9 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	13.70	1
10 Riddick, Deja	13	THE FAST FURIOUS TC INC	13.77	2
11 Gray, Jalanay	13	EAST END TRACK AND FIELD CI	13.83	1
12 Young, Kaia	13	SUFFOLK STARS TRACK AND FII	13.86	1
13 Wills, Ashante	13	VIRGINIA BEACH PATHFINDERS	14.00	2
14 Copeland, Kemoni	13	TRACK 7-5-7	14.51	1
15 Vaughn, Janae'	13	HAMPTON CITY ATHLETICS	14.91	1
16 Clemons, Sarah	13	TEAM FLASH	17.49	1

Girls 200 Meter Dash Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Boone, Inayah	13	VA BEACH FLAMES TRACK AND	26.14	3
2 Burrell, Mariah	13	TECHNIQUE TC	26.38	3
3 Ward, Destiny	13	TRACK 7-5-7	26.62	3
4 Johnson, Erykah	13	VA BEACH FLAMES TRACK AND	26.87	2
5 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	27.09	3
6 Jones, Ahrea	13	RICHMOND HEAT TRACK SPORT	27.29	3
7 Scott, Carleen	13	UNATTACHED	28.20	3
8 Riddick, Deja	13	THE FAST FURIOUS TC INC	28.43	2
9 Young, Kaia	13	SUFFOLK STARS TRACK AND FII	28.73	2

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Finals ... (Girls 200 Meter Dash Sub-Youth)

Name	Age	Team	Finals	H#
10 Gray, Jalanay	13	EAST END TRACK AND FIELD CI	29.00	1
11 Mcconner, Miyanla	13	SPEED CITY CHARGERS	29.01	3
12 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	29.05	2
13 Harston, Jaelynne	13	EAST END TRACK AND FIELD CI	29.52	1
14 Copeland, Kemoni	13	TRACK 7-5-7	29.74	1
15 Carter, Jazzmyn	13	TECHNIQUE TC	30.70	1
16 Brown, Devonya	13	NORFOLK REAL DEAL	31.02	2
17 Wills, Ashante	13	VIRGINIA BEACH PATHFINDERS	31.42	2
18 Lee, Jade	13	RICHMOND HEAT TRACK SPORT	32.21	1
19 Bills, Michaela	13	TEAM FLASH	32.34	1
20 Monroe, Mikayla	13	VIRGINIA BEACH PATHFINDERS	33.44	2
--- NavaMoncada, Valeria	13	TEAM FLASH	DNS	1
--- Vaughn, Janae'	13	HAMPTON CITY ATHLETICS	DNS	1

Girls 400 Meter Dash Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Burrell, Mariah	13	TECHNIQUE TC	1:00.99	2
2 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	1:03.42	2
3 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	1:03.98	2
4 Gray, Jalanay	13	EAST END TRACK AND FIELD CI	1:04.61	2
5 Johnson, Za'Nasia	13	VA BEACH FLAMES TRACK AND	1:05.25	2
6 Harston, Jaelynne	13	EAST END TRACK AND FIELD CI	1:06.45	1
7 Scott, Carleen	13	UNATTACHED	1:07.30	2
8 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	1:09.58	1
9 Vaughn, Janae'	13	HAMPTON CITY ATHLETICS	1:10.39	1
10 Chanthasak-White, Victoria	13	PRINCE WILLIAM COUNTY PWC	1:10.75	2
11 Brown, Devonya	13	NORFOLK REAL DEAL	1:12.14	1
12 Bills, Michaela	13	TEAM FLASH	1:13.77	1
13 Monroe, Mikayla	13	VIRGINIA BEACH PATHFINDERS	1:17.24	2
14 Lee, Jade	13	RICHMOND HEAT TRACK SPORT	1:18.80	1
15 Hill, Simone	13	TECHNIQUE TC	1:21.12	1
--- NavaMoncada, Valeria	13	TEAM FLASH	DNS	1

Girls 800 Meter Run Sub-Youth

Name	Age	Team	Finals
Finals			
1 Aduma, Amira	13	HAMPTON CITY ATHLETICS	2:33.95
2 Hardy, Juliana	13	THE FAST FURIOUS TC INC	2:34.80
3 Williams, Lamani	13	TRACK 7-5-7	2:48.57
4 Mehta, Maansi	13	VIRGINIA SPECIAL FORCES TRA	2:50.59
5 Snipes, Asha	13	TECHNIQUE TC	2:56.76
6 Manning, Rache`	13	HAMPTON CITY ATHLETICS	3:16.63
7 Martin, Annanda	13	CHURCHLAND TRAILBLAZERS 1	4:08.65
--- Wincheski, Clara	13	TEAM FLASH	DNS
--- Chanthasak-White, Victoria	13	PRINCE WILLIAM COUNTY PWC	DNS

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Girls 1500 Meter Run Sub-Youth

Name	Age	Team	Finals
Finals			
1 Hardy, Juliana	13	THE FAST FURIOUS TC INC	5:41.44
2 Mehta, Maansi	13	VIRGINIA SPECIAL FORCES TRA	5:54.08
3 Williams, Lamani	13	TRACK 7-5-7	5:58.78
4 Snipes, Asha	13	TECHNIQUE TC	6:13.02
--- Werve, Samantha	13	UNATTACHED	DNS

Girls 3000 Meter Run Sub-Youth

Name	Age	Team	Finals
Finals			
1 Mehta, Maansi	13	VIRGINIA SPECIAL FORCES TRA	13:52.86
--- Werve, Samantha	13	UNATTACHED	DNS

Girls 100 Meter Hurdles Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Parker, Anaya	13	VA BEACH FLAMES TRACK AND	16.73	2
2 Ward, Destiny	13	TRACK 7-5-7	16.82	2
3 Johnson, Za'Nasia	13	VA BEACH FLAMES TRACK AND	17.60	1
4 Aduma, Amira	13	HAMPTON CITY ATHLETICS	18.07	2
5 Manning, Rache`	13	HAMPTON CITY ATHLETICS	19.66	1
6 Brown, Devonya	13	NORFOLK REAL DEAL	20.82	2
7 Carter, Jazzmyn	13	TECHNIQUE TC	21.18	1
8 Parker, Ariel	13	SUFFOLK STARS TRACK AND FII	22.30	2
9 Lee, Jade	13	RICHMOND HEAT TRACK SPORT	23.09	1

Girls 200 Meter Hurdles Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Ward, Destiny	13	TRACK 7-5-7	29.99	1
2 Johnson, Za'Nasia	13	VA BEACH FLAMES TRACK AND	30.12	1
3 Aduma, Amira	13	HAMPTON CITY ATHLETICS	31.30	2
4 Jones, Ahrea	13	RICHMOND HEAT TRACK SPORT	31.59	2
5 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	32.24	2
6 Parker, Anaya	13	VA BEACH FLAMES TRACK AND	33.56	2
7 Manning, Rache`	13	HAMPTON CITY ATHLETICS	33.63	1
8 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	35.52	1
9 Brown, Devonya	13	NORFOLK REAL DEAL	35.75	2
10 Parker, Ariel	13	SUFFOLK STARS TRACK AND FII	37.37	2
11 Williams, Lamani	13	TRACK 7-5-7	41.84	1

Girls High Jump Sub-Youth

Name	Age	Team	Finals
Finals			
1 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	5-00.00
2 Johnson, Za'Nasia	13	VA BEACH FLAMES TRACK AND	4-06.00
3 Chanthasak-White, Victoria	13	PRINCE WILLIAM COUNTY PWC	4-04.00
4 Carter, Jazzmyn	13	TECHNIQUE TC	J4-04.00

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Girls Long Jump Sub-Youth

Name	Age	Team	Finals
Finals			
1 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	15-07.00
2 Burrell, Mariah	13	TECHNIQUE TC	14-08.00
3 Jones, Ahrea	13	RICHMOND HEAT TRACK SPORT	14-04.50
4 Riddick, Deja	13	THE FAST FURIOUS TC INC	13-10.00
5 Hardy, Juliana	13	THE FAST FURIOUS TC INC	13-06.00
6 Copeland, Kemoni	13	TRACK 7-5-7	13-02.50
7 Young, Kaia	13	SUFFOLK STARS TRACK AND FII	12-03.50
7 Manning, Rache'	13	HAMPTON CITY ATHLETICS	12-03.50
9 Carter, Jazzmyn	13	TECHNIQUE TC	12-02.50
10 Parker, Ariel	13	SUFFOLK STARS TRACK AND FII	11-11.00
11 Monroe, Mikayla	13	VIRGINIA BEACH PATHFINDERS	11-00.00
12 Hill, Simone	13	TECHNIQUE TC	10-03.00
--- Wills, Ashante	13	VIRGINIA BEACH PATHFINDERS	ND
--- Mcconner, Miyanla	13	SPEED CITY CHARGERS	ND
--- Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	ND
--- Lee, Jade	13	RICHMOND HEAT TRACK SPORT	ND
--- NavaMoncada, Valeria	13	TEAM FLASH	DNS
--- Vaughn, Janae'	13	HAMPTON CITY ATHLETICS	DNS

Girls Triple Jump Sub-Youth

Name	Age	Team	Finals
Finals			
1 Aduma, Amira	13	HAMPTON CITY ATHLETICS	29-05.50

Girls Shot Put 6 lbs Sub-Youth

Name	Age	Team	Finals
Finals			
1 Alexander-Blake, Donielle	13	SUFFOLK STARS TRACK AND FII	24-08.75
2 Wright, Azariah	13	VA BEACH FLAMES TRACK AND	24-02.50
3 Martin, Annanda	13	CHURCHLAND TRAILBLAZERS 1	23-07.00
4 Leschinger, Abby	13	TEAM FLASH	22-10.00
5 Clemons, Sarah	13	TEAM FLASH	18-08.75

Girls Discus Throw Sub-Youth

Name	Age	Team	Finals
Finals			
1 Alexander-Blake, Donielle	13	SUFFOLK STARS TRACK AND FII	67-03
2 Leschinger, Abby	13	TEAM FLASH	58-09.50
3 Riddick, Deja	13	THE FAST FURIOUS TC INC	51-02
4 Hardy, Juliana	13	THE FAST FURIOUS TC INC	50-11
5 Clemons, Sarah	13	TEAM FLASH	41-10
6 Martin, Annanda	13	CHURCHLAND TRAILBLAZERS 1	27-06

Girls 3000 Meter Race Walk Sub-Youth

Name	Age	Team	Finals
Finals			
1 Hill, Simone	13	TECHNIQUE TC	20:34.19
2 Leschinger, Abby	13	TEAM FLASH	22:56.34

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Finals ... (Girls 3000 Meter Race Walk Sub-Youth)

Name	Age	Team	Finals
3 Martin, Annanda	13	CHURCHLAND TRAILBLAZERS 1	24:10.25

Girls 100 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Taylor, Alexys	14	UNATTACHED	12.21	4
2 Gist, Cee-Asha	14	VA BEACH FLAMES TRACK AND	12.69	4
3 Travers, Thailiah	14	PRINCE WILLIAM COUNTY PWC	12.96	4
4 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	13.11	3
5 Goodhope, Danyael	14	TRACK 7-5-7	13.12	3
6 Bynum, Monae	14	TRACK 7-5-7	13.32	4
7 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	13.46	4
8 Espinal, Terina	14	VA BEACH FLAMES TRACK AND	13.47	4
9 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	13.55	3
10 Mcneil, Elease	14	PRINCE WILLIAM COUNTY PWC	13.63	3
11 Scott, Jasmin	14	SPEED CITY CHARGERS	13.83	2
12 Alexander, Ciera	14	TRI-COUNTY TRACKK CLUB	13.91	1
13 Banks, Aleya	14	CHURCHLAND TRAILBLAZERS 1	13.93	2
14 Tolliver, Demya	14	TRACK 7-5-7	13.94	1
15 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	13.99	3
16 Corprew, Nayah	14	VA BEACH FLAMES TRACK AND	14.15	1
17 Waller, Jekasia	14	CHURCHLAND TRAILBLAZERS 1	14.19	2
18 Jones, Dominique	14	VA BEACH FLAMES TRACK AND	14.23	1
19 Brandford, Camille	14	SPEED CITY CHARGERS	14.38	2
20 Wilson, Jada	14	SPEED CITY CHARGERS	14.80	2
21 Ferebee, Laneaa	14	CHURCHLAND TRAILBLAZERS 1	15.11	2
22 Bailey, Dymon	14	VA BEACH FLAMES TRACK AND	15.39	1
23 Martin, Kaliyah	14	SUFFOLK STARS TRACK AND FII	15.89	1
--- Sullivan, Precious	14	RICHMOND HEAT TRACK SPORT	DNS	3
--- Murdock, Celesse	14	RICHMOND HEAT TRACK SPORT	DNS	1

Girls 200 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Taylor, Alexys	14	UNATTACHED	24.78	5
2 Leonard, Jaelan	14	NORFOLK REAL DEAL	25.41	5
3 Gist, Cee-Asha	14	VA BEACH FLAMES TRACK AND	25.94	5
4 Travers, Thailiah	14	PRINCE WILLIAM COUNTY PWC	26.90	5
5 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	26.96	4
6 Goodhope, Danyael	14	TRACK 7-5-7	27.29	5
7 Pope, Victoria	14	PRINCE WILLIAM COUNTY PWC	27.47	4
8 Mcneil, Elease	14	PRINCE WILLIAM COUNTY PWC	27.85	3
9 Bynum, Monae	14	TRACK 7-5-7	27.93	5
10 Tolliver, Demya	14	TRACK 7-5-7	28.07	2
11 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	28.11	3
12 Scott, Jasmin	14	SPEED CITY CHARGERS	28.20	5
13 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	28.27	3
14 Espinal, Terina	14	VA BEACH FLAMES TRACK AND	28.28	4
15 Pankow, Savannah	14	FIA AMBASSADORS	28.36	4

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Name	Age	Team	Finals	H#
16 Buster, Jasmin	14	KIDFIT	29.00	4
17 Alexander, Ciera	14	TRI-COUNTY TRACK CLUB	29.03	2
18 Smith, Mikayla	14	PRINCE WILLIAM COUNTY PWC	29.11	3
19 Thorogood, Tamiya	14	VA BEACH FLAMES TRACK AND	29.29	1
20 Brandford, Camille	14	SPEED CITY CHARGERS	29.56	5
21 Brower, Cornelia	14	RICHMOND HEAT TRACK SPORT	29.58	3
22 Waller, Jekasia	14	CHURCHLAND TRAILBLAZERS 1	29.72	2
23 Jones, Dominique	14	VA BEACH FLAMES TRACK AND	29.86	2
24 Long, Silyse	14	TEAM FLASH	29.98	2
25 Wilson, Jada	14	SPEED CITY CHARGERS	30.13	4
26 Grant, Kasiah	14	TEAM FLASH	30.14	2
27 Corprew, Nayah	14	VA BEACH FLAMES TRACK AND	30.18	1
28 Semmes, Maia	14	EAST END TRACK AND FIELD CI	30.24	1
29 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORT	30.38	4
30 McIntyre, Kacie	14	SUFFOLK STARS TRACK AND FII	30.45	4
31 Hawkins, Aster	14	TEAM FLASH	31.18	2
32 Banks, Aleya	14	CHURCHLAND TRAILBLAZERS 1	31.69	3
33 Ferebee, Laneaa	14	CHURCHLAND TRAILBLAZERS 1	32.09	2
34 Raiszadeh, Elizabeth	14	EAST END TRACK AND FIELD CI	32.33	1
35 Bailey, Dymon	14	VA BEACH FLAMES TRACK AND	34.13	1
36 Martin, Kaliyah	14	SUFFOLK STARS TRACK AND FII	34.16	1
--- Welton, Ashleigh	14	EAST END TRACK AND FIELD CI	DNS	1
--- Cook, Jaquisha	14	CHURCHLAND TRAILBLAZERS 1	DNS	1
--- Sullivan, Precious	14	RICHMOND HEAT TRACK SPORT	DNS	3
--- Brown, Sharnea	14	UNATTACHED	DNS	3

Girls 400 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Leonard, Jaelan	14	NORFOLK REAL DEAL	59.42	4
2 Tolliver, Demya	14	TRACK 7-5-7	1:03.41	4
3 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	1:05.28	4
4 Pankow, Savannah	14	FIA AMBASSADORS	1:06.41	4
5 Rountree, Kiera	14	SUFFOLK STARS TRACK AND FII	1:06.71	3
6 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	1:07.71	2
7 Ritz, Jessie	14	BLUE RIDGE ELITE	1:08.11	2
8 Alexander, Cydney	14	VA BEACH FLAMES TRACK AND	1:08.23	4
9 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	1:08.37	3
10 Semmes, Maia	14	EAST END TRACK AND FIELD CI	1:08.54	1
11 Thorogood, Tamiya	14	VA BEACH FLAMES TRACK AND	1:09.25	1
12 Mcneil, Elease	14	PRINCE WILLIAM COUNTY PWC	1:09.49	4
13 Jones, Dominique	14	VA BEACH FLAMES TRACK AND	1:09.76	1
14 Brower, Cornelia	14	RICHMOND HEAT TRACK SPORT	1:10.19	4
15 Long, Silyse	14	TEAM FLASH	1:11.45	3
16 Davis, Kailynn	14	TRACK 7-5-7	1:11.56	2
17 Grant, Kasiah	14	TEAM FLASH	1:11.68	3
18 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORT	1:11.93	3
19 McIntyre, Kacie	14	SUFFOLK STARS TRACK AND FII	1:12.59	2
20 Raiszadeh, Elizabeth	14	EAST END TRACK AND FIELD CI	1:13.60	1

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Name	Age	Team	Finals	H#
21 Corprew, Nayah	14	VA BEACH FLAMES TRACK AND	1:19.96	1
22 Bailey, Dymon	14	VA BEACH FLAMES TRACK AND	1:21.37	1
23 Martin, Kaliyah	14	SUFFOLK STARS TRACK AND FII	1:26.33	1
--- Waller, Jekasia	14	CHURCHLAND TRAILBLAZERS 1	DNS	2
--- Wilson, Chazney	14	CHURCHLAND TRAILBLAZERS 1	DNS	2
--- Welton, Ashleigh	14	EAST END TRACK AND FIELD CI	DNS	2
--- Brown, Sharnea	14	UNATTACHED	DNS	3
--- Cook, Jaquisha	14	CHURCHLAND TRAILBLAZERS 1	DNS	1
--- Travers, Thailiah	14	PRINCE WILLIAM COUNTY PWC	DNS	3

Girls 800 Meter Run Youth

Name	Age	Team	Finals
Finals			
1 Alexander, Cydney	14	VA BEACH FLAMES TRACK AND	2:40.89
2 Buster, Jasmin	14	KIDFIT	2:44.61
3 Saunders, Maya	14	UNATTACHED	2:48.63
4 Pankow, Savannah	14	FIA AMBASSADORS	2:48.80
5 Hawkins, Aster	14	TEAM FLASH	2:51.04
6 Scott, Jasmin	14	SPEED CITY CHARGERS	2:52.62
7 Davis, Kailynn	14	TRACK 7-5-7	3:04.20
--- Wilson, Chazney	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Patterson, Kamaria	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Aydlett, Margaret	14	LIONS DEN	DNS

Girls 1500 Meter Run Youth

Name	Age	Team	Finals
Finals			
1 Alexander, Cydney	14	VA BEACH FLAMES TRACK AND	5:43.34
--- Saunders, Maya	14	UNATTACHED	DNS
--- Aydlett, Margaret	14	LIONS DEN	DNS

Girls 3000 Meter Run Youth

Name	Age	Team	Finals
Finals			
1 Saunders, Maya	14	UNATTACHED	12:53.47
--- Smith, Shanyn	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Aydlett, Margaret	14	LIONS DEN	DNS

Girls 100 Meter Hurdles Youth

Name	Age	Team	Finals	H#
Finals				
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	15.68	2
2 Pope, Victoria	14	PRINCE WILLIAM COUNTY PWC	16.69	1
3 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	17.31	2
4 Council, Jacquazja	14	SUFFOLK STARS TRACK AND FII	19.22	2
5 Davis, Kailynn	14	TRACK 7-5-7	20.25	1
6 Shearin, Tierra	14	SUFFOLK STARS TRACK AND FII	20.85	1
--- Brower, Cornelia	14	RICHMOND HEAT TRACK SPORT	DNS	2

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Girls 200 Meter Hurdles Youth

Name	Age	Team	Finals
Finals			
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	30.75
2 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORT	37.73
3 Shearin, Tierra	14	SUFFOLK STARS TRACK AND FII	39.61
4 Davis, Kailynn	14	TRACK 7-5-7	39.67
--- Pope, Victoria	14	PRINCE WILLIAM COUNTY PWC	DQ
--- Sullivan, Precious	14	RICHMOND HEAT TRACK SPORT	DNS

Girls 4x100 Meter Relay Youth

Team	Relay	Finals
Finals		
1 VA BEACH FLAMES TRACK AN	A	49.67
2 SUFFOLK STARS TRACK AND 1	A	54.76
--- SPEED CITY CHARGERS	A	DQ

Girls 4x400 Meter Relay Youth

Team	Relay	Finals
Finals		
1 TRACK 7-5-7	A	4:23.06
2 TEAM FLASH	A	4:55.96

Girls High Jump Youth

Name	Age	Team	Finals
Finals			
1 Smith, Mikayla	14	PRINCE WILLIAM COUNTY PWC	4-08.00
2 Buster, Jasmin	14	KIDFIT	4-02.00
3 Alexander, Ciera	14	TRI-COUNTY TRACKK CLUB	4-00.00
--- Patterson, Kamaria	14	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Long Jump Youth

Name	Age	Team	Finals
Finals			
1 Leonard, Jaelan	14	NORFOLK REAL DEAL	15-10.50
2 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	15-10.25
3 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	15-09.00
4 Goodhope, Danyael	14	TRACK 7-5-7	15-03.00
5 Council, Jacquazja	14	SUFFOLK STARS TRACK AND FII	15-02.00
6 Bynum, Monae	14	TRACK 7-5-7	14-04.00
7 Buster, Jasmin	14	KIDFIT	13-02.25
8 Espinal, Terina	14	VA BEACH FLAMES TRACK AND	13-01.00
9 Mcintyre, Kacie	14	SUFFOLK STARS TRACK AND FII	13-00.00
10 Ferebee, Laneaa	14	CHURCHLAND TRAILBLAZERS 1	12-06.75
11 Thorogood, Tamiya	14	VA BEACH FLAMES TRACK AND	12-06.00
12 Shearin, Tierra	14	SUFFOLK STARS TRACK AND FII	12-04.50
13 Corprew, Nayah	14	VA BEACH FLAMES TRACK AND	12-04.25
14 Jones, Dominique	14	VA BEACH FLAMES TRACK AND	12-02.25
15 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORT	12-01.00
16 Hawkins, Aster	14	TEAM FLASH	11-09.00
17 Brower, Cornelia	14	RICHMOND HEAT TRACK SPORT	11-02.00

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Finals ... (Girls Long Jump Youth)

Name	Age	Team	Finals
--- Martin, Kaliyah	14	SUFFOLK STARS TRACK AND FII	ND
--- Bailey, Dymon	14	VA BEACH FLAMES TRACK AND	ND
--- Sullivan, Precious	14	RICHMOND HEAT TRACK SPORT	DNS
--- Brown, Sharnea	14	UNATTACHED	DNS
--- Patterson, Kamaria	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Aydlett, Margaret	14	LIONS DEN	DNS

Girls Triple Jump Youth

Name	Age	Team	Finals
Finals			
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	34-09.00
2 Rountree, Kiera	14	SUFFOLK STARS TRACK AND FII	28-09.00
--- Thorogood, Tamiya	14	VA BEACH FLAMES TRACK AND	DNS
--- Espinal, Terina	14	VA BEACH FLAMES TRACK AND	DNS
--- Brown, Sharnea	14	UNATTACHED	DNS

Girls Shot Put 6 lbs Youth

Name	Age	Team	Finals
Finals			
1 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	33-08.00
2 Council, Jacquazja	14	SUFFOLK STARS TRACK AND FII	29-08.00
3 Waller, Jekasia	14	CHURCHLAND TRAILBLAZERS 1	27-07.00
4 Banks, Aleya	14	CHURCHLAND TRAILBLAZERS 1	27-06.00
5 Wilson, Jada	14	SPEED CITY CHARGERS	25-01.00
6 Gordon, Ryan	14	KIDFIT	24-10.50
7 Murdock, Celesse	14	RICHMOND HEAT TRACK SPORT	24-03.00
8 Rountree, Kiera	14	SUFFOLK STARS TRACK AND FII	24-01.25
9 Shearin, Tierra	14	SUFFOLK STARS TRACK AND FII	20-01.00
--- Wilson, Chazney	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Cook, Jaquisha	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Smith, Shanyn	14	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Discus Throw Youth

Name	Age	Team	Finals
Finals			
1 Murdock, Celesse	14	RICHMOND HEAT TRACK SPORT	64-02.75
2 Ferebee, Laneaa	14	CHURCHLAND TRAILBLAZERS 1	58-03
3 Pankow, Savannah	14	FIA AMBASSADORS	54-00.50
4 Banks, Aleya	14	CHURCHLAND TRAILBLAZERS 1	50-02
5 Gordon, Ryan	14	KIDFIT	42-05.50
--- Smith, Shanyn	14	CHURCHLAND TRAILBLAZERS 1	ND
--- Wilson, Chazney	14	CHURCHLAND TRAILBLAZERS 1	DNS
--- Cook, Jaquisha	14	CHURCHLAND TRAILBLAZERS 1	DNS

Girls 3000 Meter Race Walk Youth

Name	Age	Team	Finals
Finals			
1 Horner, Amber	14	TEAM FLASH	21:50.63
2 Smith, Shanyn	14	CHURCHLAND TRAILBLAZERS 1	22:48.44
--- Patterson, Kamaria	14	CHURCHLAND TRAILBLAZERS 1	DNS

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Girls 100 Meter Dash Intermediate

	Name	Age	Team	Finals	H#
Finals					
1	Towe, Morgan	15	VA BEACH FLAMES TRACK AND	12.77	3
2	Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	13.10	3
3	Tisdale, Knikajsa	15	TRI-COUNTY TRACK CLUB	13.27	2
4	Walker, Kiara	15	UNATTACHED	13.27	3
5	Woodard, Tayler	15	VA BEACH FLAMES TRACK AND	13.40	3
6	Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	13.52	2
7	Harris, Jacolbi	15	HAMPTON CITY ATHLETICS	13.64	2
8	Warren, Catherine	15	UNATTACHED	13.97	3
9	Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	14.13	3
10	Williams, Sharice	15	VA BEACH FLAMES TRACK AND	14.27	3
11	Mickey, Shana	16	TRI-COUNTY TRACK CLUB	14.48	1
12	Shelton, Alexis	16	THE NUBIAN PROJECT	14.56	2
13	Pineda, Malaya	15	CHURCHLAND TRAILBLAZERS 1	14.63	1
14	Wells, Kiana	16	TECHNIQUE TC	14.64	1
15	Telesford, Kayla	15	PRINCE WILLIAM COUNTY PWC	14.74	3
16	Ward, Malia	15	SPEED CITY CHARGERS	14.91	2
17	Mansion, Mia	16	EAST END TRACK AND FIELD CI	14.92	1
18	Spires-Jones, Shonteja	15	TRACK 7-5-7	15.04	1
19	Fraser, Ashley	15	HAMPTON CITY ATHLETICS	15.92	1
20	Jonea, Jasmine	15	VA BEACH FLAMES TRACK AND	16.67	1
---	Dabney, Destiny	15	RICHMOND HEAT TRACK SPORT	DNS	1
---	Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	DNS	2

Girls 200 Meter Dash Intermediate

	Name	Age	Team	Finals	H#
Finals					
1	Towe, Morgan	15	VA BEACH FLAMES TRACK AND	25.96	4
2	Walker, Kiara	15	UNATTACHED	26.92	4
3	Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	26.93	3
4	Bunch, Ashaila	15	EAST END TRACK AND FIELD CI	27.00	2
5	Dent, Natalie	16	PRINCE WILLIAM COUNTY PWC	27.16	2
6	Reid, Khadijah	15	NORFOLK REAL DEAL	27.27	1
7	Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	27.58	3
8	Woodard, Tayler	15	VA BEACH FLAMES TRACK AND	27.64	4
9	Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	27.67	3
10	Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	27.82	2
11	Jones, Jermyriah	15	SPEED CITY CHARGERS	28.02	4
12	Tisdale, Knikajsa	15	TRI-COUNTY TRACK CLUB	28.10	2
13	Harris, Jacolbi	15	HAMPTON CITY ATHLETICS	28.18	3
14	Jones, Jermyriah	15	SPEED CITY CHARGERS	28.27	4
15	Shelton, Alexis	16	THE NUBIAN PROJECT	29.97	2
16	Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	30.57	3
17	Wells, Kiana	16	TECHNIQUE TC	30.61	1
18	Pineda, Malaya	15	CHURCHLAND TRAILBLAZERS 1	30.79	2
19	Ward, Malia	15	SPEED CITY CHARGERS	30.90	3
20	Capehart, Kayla	15	TEAM FLASH	31.12	1
21	Mansion, Mia	16	EAST END TRACK AND FIELD CI	32.56	1

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Finals ... (Girls 200 Meter Dash Intermediate)

Name	Age	Team	Finals	H#
22 Spires-Jones, Shonteja	15	TRACK 7-5-7	34.83	1
23 Jonea, Jasmine	15	VA BEACH FLAMES TRACK AND	36.52	1
--- Telesford, Kayla	15	PRINCE WILLIAM COUNTY PWC	DNS	4
--- Jones, Theresa	15	UNATTACHED	DNS	1
--- Williams, Sharice	15	VA BEACH FLAMES TRACK AND	DNS	3
--- Morris, Ilissa	16	RICHMOND HEAT TRACK SPORT	DNS	1
--- Warren, Catherine	15	UNATTACHED	DNS	4
--- Wilson, Taylor	15	TRACK 7-5-7	DNS	4

Girls 400 Meter Dash Intermediate

Name	Age	Team	Finals	H#
Finals				
1 Scott, Nichelle	16	UNATTACHED	58.22	3
2 Towe, Morgan	15	VA BEACH FLAMES TRACK AND	59.66	3
3 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	1:01.48	3
4 Walker, Kiara	15	UNATTACHED	1:01.94	3
5 Morris, Ilissa	16	RICHMOND HEAT TRACK SPORT	1:02.52	1
6 Jones, Jermyriah	15	SPEED CITY CHARGERS	1:02.71	2
7 Reid, Khadijah	15	NORFOLK REAL DEAL	1:03.14	3
8 Jones, Jermyriah	15	SPEED CITY CHARGERS	1:03.27	2
9 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	1:04.91	2
10 Turner, Breana	15	VIRGINIA SPECIAL FORCES TRA	1:06.11	2
11 Wilson, Taylor	15	TRACK 7-5-7	1:06.57	1
12 Harris, Jacolbi	15	HAMPTON CITY ATHLETICS	1:07.20	2
13 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	1:07.45	3
14 Dent, Natalie	16	PRINCE WILLIAM COUNTY PWC	1:08.35	3
15 Tisdale, Knikajsa	15	TRI-COUNTY TRACKK CLUB	1:09.92	2
16 Wells, Kiana	16	TECHNIQUE TC	1:10.71	1
17 Jones, Theresa	15	UNATTACHED	1:12.29	2
18 Williams, Sharice	15	VA BEACH FLAMES TRACK AND	1:12.74	1
19 Pineda, Malaya	15	CHURCHLAND TRAILBLAZERS 1	1:13.34	1
20 Telesford, Kayla	15	PRINCE WILLIAM COUNTY PWC	1:16.06	3
21 Capehart, Kayla	15	TEAM FLASH	1:16.92	1
22 Spires-Jones, Shonteja	15	TRACK 7-5-7	1:20.94	1
--- Woodard, Tayler	15	VA BEACH FLAMES TRACK AND	DNS	2
--- Jonea, Jasmine	15	VA BEACH FLAMES TRACK AND	DNS	1

Girls 800 Meter Run Intermediate

Name	Age	Team	Finals
Finals			
1 Scott, Nichelle	16	UNATTACHED	2:21.93
2 Reid, Khadijah	15	NORFOLK REAL DEAL	2:33.80
3 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	2:35.22
4 Jackson, Ashanti	16	HAMPTON CITY ATHLETICS	2:39.65
5 Posey, Clare	15	FIA AMBASSADORS	2:41.77
6 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	2:43.23
7 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNE	2:44.01
8 Turner, Breana	15	VIRGINIA SPECIAL FORCES TRA	2:45.37
9 Bullock, Kaliyah	15	HAMPTON CITY ATHLETICS	2:47.29

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Finals ... (Girls 800 Meter Run Intermediate)

Name	Age	Team	Finals
--- Crippen, Sierra	15	THE NUBIAN PROJECT	DNS

Girls 1500 Meter Run Intermediate

Name	Age	Team	Finals
Finals			
1 Scott, Nichelle	16	UNATTACHED	5:03.27
2 Posey, Clare	15	FIA AMBASSADORS	5:35.76
3 Crippen, Sierra	15	THE NUBIAN PROJECT	5:43.29
4 Bullock, Kaliyah	15	HAMPTON CITY ATHLETICS	5:44.77
5 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUND	5:49.68
6 Jackson, Ashanti	16	HAMPTON CITY ATHLETICS	5:57.97
7 Watson, Hope	15	VA BEACH FLAMES TRACK AND	6:38.69

Girls 3000 Meter Run Intermediate

Name	Age	Team	Finals
Finals			
1 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUND	13:37.85
--- Crippen, Sierra	15	THE NUBIAN PROJECT	DNS

Girls 100 Meter Hurdles Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	15.83
2 Skinner, Shaytorria	15	TRACK 7-5-7	17.33
3 Bunch, Ashaila	15	EAST END TRACK AND FIELD CI	17.91
4 Posey, Clare	15	FIA AMBASSADORS	20.82
--- Wilson, Taylor	15	TRACK 7-5-7	DNS

Girls 400 Meter Hurdles Intermediate

Name	Age	Team	Finals	H#
Finals				
1 Skinner, Shaytorria	15	TRACK 7-5-7	1:16.48	2
2 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	1:23.43	2
--- Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	DNS	1
--- Wilson, Taylor	15	TRACK 7-5-7	DNS	1
--- Posey, Clare	15	FIA AMBASSADORS	DNS	1
--- Morris, Ilissa	16	RICHMOND HEAT TRACK SPORT	DNS	1
--- Reid, Khadijah	15	NORFOLK REAL DEAL	DNS	2

Girls High Jump Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	5-02.00
2 Jackson, Ashanti	16	HAMPTON CITY ATHLETICS	4-10.00
3 Morris, Ilissa	16	RICHMOND HEAT TRACK SPORT	4-08.00
4 Horner, Taylor	16	TEAM FLASH	3-10.00
--- Skinner, Shaytorria	15	TRACK 7-5-7	NH

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Girls Long Jump Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	17-01.75
2 Bunch, Ashaila	15	EAST END TRACK AND FIELD CI	16-07.00
3 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	13-09.00
4 Woodard, Tayler	15	VA BEACH FLAMES TRACK AND	13-07.00
5 Skinner, Shaytorria	15	TRACK 7-5-7	13-06.00
6 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	13-03.25
7 Harris, Jacolbi	15	HAMPTON CITY ATHLETICS	12-08.50
8 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNE	12-07.25
9 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	12-04.50
10 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	12-01.50
11 Shelton, Alexis	16	THE NUBIAN PROJECT	11-09.00
11 Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	11-09.00
13 Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	11-08.00
14 Horner, Taylor	16	TEAM FLASH	11-03.00
15 Ward, Malia	15	SPEED CITY CHARGERS	9-08.50
--- Jonea, Jasmine	15	VA BEACH FLAMES TRACK AND	ND
--- Spires-Jones, Shonteja	15	TRACK 7-5-7	ND

Girls Triple Jump Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	37-03.00
2 Bunch, Ashaila	15	EAST END TRACK AND FIELD CI	31-08.00
3 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	29-01.00
4 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	27-11.00

Girls Shot Put 4 k Intermediate

Name	Age	Team	Finals
Finals			
1 Dabney, Destiny	15	RICHMOND HEAT TRACK SPORT	31-02.00
2 Mickey, Shana	16	TRI-COUNTY TRACKK CLUB	30-05.75
3 Brown, Kayla	15	NORFOLK REAL DEAL	30-01.75
4 Fraser, Ashley	15	HAMPTON CITY ATHLETICS	22-11.00
5 Ward, Malia	15	SPEED CITY CHARGERS	22-05.00
6 Johnson, Jasmine	15	VA BEACH FLAMES TRACK AND	22-03.00
7 Lee, Jasmine	16	RICHMOND HEAT TRACK SPORT	21-09.25
8 Horner, Taylor	16	TEAM FLASH	21-08.50
9 Pearson-Simmons, Makayla	16	TRI-COUNTY TRACKK CLUB	19-06.00
10 Bullock, Kaliyah	15	HAMPTON CITY ATHLETICS	17-08.00
11 Watson, Hope	15	VA BEACH FLAMES TRACK AND	14-01.50
--- Pineda, Malaya	15	CHURCHLAND TRAILBLAZERS 1	DNS

Girls Discus Throw Intermediate

Name	Age	Team	Finals
Finals			
1 Dabney, Destiny	15	RICHMOND HEAT TRACK SPORT	83-05
2 Brown, Kayla	15	NORFOLK REAL DEAL	74-08
3 Horner, Taylor	16	TEAM FLASH	74-00.50

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Finals ... (Girls Discus Throw Intermediate)

Name	Age	Team	Finals
4 Fraser, Ashley	15	HAMPTON CITY ATHLETICS	67-10.75
5 Jones, Jermyiah	15	SPEED CITY CHARGERS	54-10.50
6 Mickey, Shana	16	TRI-COUNTY TRACKK CLUB	53-09
7 Lee, Jasmine	16	RICHMOND HEAT TRACK SPORT	47-06
8 Pearson-Simmons, Makayla	16	TRI-COUNTY TRACKK CLUB	43-06
--- Jones, Jermyiah	15	SPEED CITY CHARGERS	DNS

Girls 3000 Meter Race Walk Intermediate

Name	Age	Team	Finals
Finals			
1 Watson, Hope	15	VA BEACH FLAMES TRACK AND	23:04.95

Women 100 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Lambert, Michaela	17	UNATTACHED	12.77
2 Darden, Nakia	17	PRINCE WILLIAM COUNTY PWC	13.61
3 Thomas, Courtney	19	BLUE RIDGE ELITE	13.87
4 Cabiness, Chynna	17	TRI-COUNTY TRACKK CLUB	14.19
5 Matthews, Ayla	17	HAMPTON CITY ATHLETICS	18.41

Women 200 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Lambert, Michaela	17	UNATTACHED	25.80
2 Darden, Nakia	17	PRINCE WILLIAM COUNTY PWC	29.01
3 Cabiness, Chynna	17	TRI-COUNTY TRACKK CLUB	29.68
4 Mccoy, Alissa	17	TRACK 7-5-7	30.97
--- Thomas, Courtney	19	BLUE RIDGE ELITE	DNS

Women 400 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Cabiness, Chynna	17	TRI-COUNTY TRACKK CLUB	1:06.99
2 Colbert, Dominique	18	BLUE RIDGE ELITE	1:07.40
3 Mccoy, Alissa	17	TRACK 7-5-7	1:14.91
4 Darden, Nakia	17	PRINCE WILLIAM COUNTY PWC	1:19.46

Women 800 Meter Run Young

Name	Age	Team	Finals
Finals			
1 Mccoy, Alissa	17	TRACK 7-5-7	3:07.38

Women 100 Meter Hurdles Young

Name	Age	Team	Finals
Finals			
1 Gundran, Jada	17	FIA AMBASSADORS	15.62
2 Doyle, Deandra	17	LIONS DEN	21.82
--- Barnett, Alyssa	17	THE NUBIAN PROJECT	DNS

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Women 400 Meter Hurdles Young

Name	Age	Team	Finals
Finals			
1 Wright, Chelsea	17	NORFOLK REAL DEAL	1:08.01
2 Colbert, Dominique	18	BLUE RIDGE ELITE	1:14.69
--- Barnett, Alyssa	17	THE NUBIAN PROJECT	DNS
--- Gundran, Jada	17	FIA AMBASSADORS	DNS

Women Long Jump Young

Name	Age	Team	Finals
Finals			
1 Colbert, Dominique	18	BLUE RIDGE ELITE	4.53m
2 Wright, Chelsea	17	NORFOLK REAL DEAL	4.39m
3 Gundran, Jada	17	FIA AMBASSADORS	4.33m
4 Mccoy, Alissa	17	TRACK 7-5-7	3.90m
5 Thomas, Courtney	19	BLUE RIDGE ELITE	2.79m

Women Triple Jump Young

Name	Age	Team	Finals
Finals			
1 Gundran, Jada	17	FIA AMBASSADORS	34-01.50

Women Shot Put 4 k Young

Name	Age	Team	Finals
Finals			
1 Doyle, Deandra	17	LIONS DEN	34-10.50
2 Wilson, Victoria	17	TRACK 7-5-7	31-11.00
3 Debroux, Cadeija	18	VIRGINIA BEACH PATHFINDERS	30-09.00
4 Matthews, Ayla	17	HAMPTON CITY ATHLETICS	19-02.00
--- Pearson, Destiny	18	TRI-COUNTY TRACKK CLUB	DNS

Women Discus Throw Young

Name	Age	Team	Finals
Finals			
1 Doyle, Deandra	17	LIONS DEN	89-05
2 Wilson, Victoria	17	TRACK 7-5-7	87-04.75
3 Debroux, Cadeija	18	VIRGINIA BEACH PATHFINDERS	73-05.50
4 Matthews, Ayla	17	HAMPTON CITY ATHLETICS	50-03.50
--- Pearson, Destiny	18	TRI-COUNTY TRACKK CLUB	DNS