

2012 Area 4 AAU National Qualifier
Hosted by Technique Track Club
Hampton University Hampton, VA - 6/30/2012
Results

Event 1 Girls 100 Meter Dash Primary

Name	Age	Team	Finals
Finals			
1 McFarland, Mikayla	8	PRINCE WILLIAM COUNTY PWC	15.12
2 Burton, Paris	8	RICHMOND HEAT TRACK SPORT	15.42
3 Burton, Endya	8	RICHMOND HEAT TRACK SPORT	15.91
4 Wallace, Starria	8	HAMPTON CITY ATHLETICS	17.81

Event 3 Girls 100 Meter Dash Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORT	16.38
2 Perrello, Yvonna	9	RICHMOND HEAT TRACK SPORT	16.49
3 Henry, Omika	9	LAZERS TC	17.25

Event 5 Girls 100 Meter Dash Bantam

Name	Age	Team	Finals
Finals			
1 Pierre, Jada	10	PRINCE WILLIAM COUNTY PWC	14.87
2 Townsend, Grace	10	FLEET MIDLOTHIAN	15.49
3 Harris, Alesha	10	TRI-COUNTY TRACKK CLUB	15.50
4 Davis, Sohmer	10	VIRGINIA PROWLERS	16.32
5 Valentine, Denecia	10	TRI-COUNTY TRACKK CLUB	16.61
6 Norris, Selah	10	THE FAST FURIOUS TC INC	16.78

Event 7 Girls 100 Meter Dash Sub-Midget

Name	Age	Team	Finals
Finals			
1 Tilmon, Jazmine	11	NORFOLK REAL DEAL	14.08
2 Newell, Jada	11	TRI-COUNTY TRACKK CLUB	14.73
3 Anthony, Kiara	11	RICHMOND HEAT TRACK SPORT	15.24
4 Beaver, Tamia	11	VIRGINIA PROWLERS	15.37
5 Mccray, Imani	11	TEAM FLASH	16.13

Event 9 Girls 100 Meter Dash Midget

Name	Age	Team	Finals
Finals			
1 Tucker, Jessica	12	TRACK 7-5-7	12.96
2 Carter, Kori	12	RICHMOND HEAT TRACK SPORT	13.08
3 Starke, Samone	12	RICHMOND HEAT TRACK SPORT	14.61
4 Morrison, Delana	12	HAMPTON CITY ATHLETICS	14.85
5 Standard, Yanecia	12	ATHLETIC XPRESS GREYHOUND	15.36
6 Arthur, Taylor	12	VIRGINIA PROWLERS	15.37

Event 11 Girls 100 Meter Dash Sub-Youth

Name	Age	Team	Finals
Finals			
1 Burrell, Mariah	13	TECHNIQUE TC	12.75
2 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	13.16
3 Scott, Carleen	13	UNATTACHED	13.51
4 Mcconner, Miyanla	13	SPEED CITY CHARGERS	13.56

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Finals ... (Event 11 Girls 100 Meter Dash Sub-Youth)

Name	Age	Team	Finals
5 Riddick, Deja	13	THE FAST FURIOUS TC INC	13.75
6 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	14.21
7 Wills, Ashante	13	VIRGINIA BEACH PATHFINDERS	14.29

Event 13 Girls 100 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Taylor, Alexys	14	UNATTACHED	12.32	2
2 Travers, Thailiah	14	PRINCE WILLIAM COUNTY PWC	13.10	2
3 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	13.38	2
4 Bynum, Monae	14	TRACK 7-5-7	13.40	2
5 Goodhope, Danyael	14	TRACK 7-5-7	13.68	2
6 Scott, Jasmin	14	SPEED CITY CHARGERS	13.69	1
7 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	13.74	2
8 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	13.81	2
9 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	13.86	1
10 Tolliver, Demya	14	TRACK 7-5-7	13.95	1
11 Alexander, Ciera	14	TRI-COUNTY TRACKK CLUB	14.21	1

Event 15 Girls 100 Meter Dash Intermediate

Name	Age	Team	Finals	H#
Finals				
1 Aqyepong-Wiafee, Yaa	16	PRINCE WILLIAM COUNTY PWC	12.66	2
2 Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	13.45	2
3 Tisdale, Knikajsa	15	TRI-COUNTY TRACKK CLUB	13.67	2
4 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	13.78	2
5 Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	14.44	2
6 Mickey, Shana	16	TRI-COUNTY TRACKK CLUB	14.78	1
7 Shelton, Alexis	16	THE NUBIAN PROJECT	14.79	1
8 Ward, Malia	15	SPEED CITY CHARGERS	15.22	1
9 Telesford, Kayla	15	PRINCE WILLIAM COUNTY PWC	15.24	1

Event 17 Women 100 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Thomas, Courtney	19	BLUE RIDGE ELITE	14.04
2 Cabiness, Chynnna	17	TRI-COUNTY TRACKK CLUB	14.38

Event 19 Girls 200 Meter Dash Primary

Name	Age	Team	Finals
Finals			
1 McFarland, Mikayla	8	PRINCE WILLIAM COUNTY PWC	31.74
2 Burton, Paris	8	RICHMOND HEAT TRACK SPORT	33.19
3 Burton, Endya	8	RICHMOND HEAT TRACK SPORT	34.85
4 Chapman, Kennedy	8	TRACK 7-5-7	36.47
5 Wallace, Starria	8	HAMPTON CITY ATHLETICS	37.52
6 Johnson, Khiandra	8	TRACK 7-5-7	37.90

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Event 21 Girls 200 Meter Dash Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORTS	34.80
2 Perrello, Yvonna	9	RICHMOND HEAT TRACK SPORTS	35.89
3 Henry, Omika	9	LAZERS TC	38.66
4 Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	41.30

Event 23 Girls 200 Meter Dash Bantam

Name	Age	Team	Finals	H#
Finals				
1 Pierre, Jada	10	PRINCE WILLIAM COUNTY PWC	30.47	2
2 Armstrong, Eleyah	10	TECHNIQUE TC	30.64	2
3 Harris, Alesha	10	TRI-COUNTY TRACK CLUB	31.65	2
4 Davis, Sohmer	10	VIRGINIA PROWLERS	32.38	1
5 Richardson, Jaiyah	10	PRINCE WILLIAM COUNTY PWC	32.38	2
6 Blair, Nyla	10	ATHLETIC XPRESS GREYHOUND	32.68	2
7 Rucker, Khari	10	RICHMOND HEAT TRACK SPORTS	34.09	1
8 Norris, Selah	10	THE FAST FURIOUS TC INC	36.16	1

Event 25 Girls 200 Meter Dash Sub-Midget

Name	Age	Team	Finals	H#
Finals				
1 Tilmon, Jazmine	11	NORFOLK REAL DEAL	28.78	2
2 Venters, Jada	11	SPEED CITY CHARGERS	28.79	2
3 Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	29.53	2
4 Roe, Zayin	11	RICHMOND HEAT TRACK SPORTS	30.14	2
5 Newell, Jada	11	TRI-COUNTY TRACK CLUB	31.65	2
6 Mahone, Akira	11	NORFOLK REAL DEAL	31.70	2
7 Anthony, Kiara	11	RICHMOND HEAT TRACK SPORTS	32.36	2
8 Beaver, Tamia	11	VIRGINIA PROWLERS	32.69	1
9 Ware, Sydney	11	VIRGINIA PROWLERS	33.73	1
10 Mccray, Imani	11	TEAM FLASH	34.60	1

Event 27 Girls 200 Meter Dash Midget

Name	Age	Team	Finals	H#
Finals				
1 Carter, Kori	12	RICHMOND HEAT TRACK SPORTS	26.32	2
2 Tucker, Jessica	12	TRACK 7-5-7	26.71	2
3 Hundley, Kaylus	12	NORFOLK REAL DEAL	29.38	2
4 Starke, Samone	12	RICHMOND HEAT TRACK SPORTS	30.05	2
5 Brown, Desire	12	HAMPTON CITY ATHLETICS	30.42	2
6 Bland, Jasmine	12	THE FAST FURIOUS TC INC	30.55	2
7 Arthur, Taylor	12	VIRGINIA PROWLERS	31.41	1
8 Hawkins, Bizuwerk	12	TEAM FLASH	33.47	1
9 Mays, Trinity	12	JUMPFANATICS ATHLETICS LLC	37.18	1

Event 29 Girls 200 Meter Dash Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Burrell, Mariah	13	TECHNIQUE TC	26.31	2

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Finals ... (Event 29 Girls 200 Meter Dash Sub-Youth)

Name	Age	Team	Finals	H#
2 Ward, Destiny	13	TRACK 7-5-7	26.66	2
3 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	27.55	2
4 Scott, Carleen	13	UNATTACHED	28.38	2
5 Riddick, Deja	13	THE FAST FURIOUS TC INC	28.44	2
6 Mcconner, Miyanla	13	SPEED CITY CHARGERS	28.91	2
7 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	29.67	1
8 Carter, Jazzmyn	13	TECHNIQUE TC	31.31	1

Event 31 Girls 200 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Taylor, Alexys	14	UNATTACHED	25.31	2
2 Leonard, Jaelan	14	NORFOLK REAL DEAL	25.83	2
3 Travers, Thailiah	14	PRINCE WILLIAM COUNTY PWC	27.16	2
4 Bynum, Monae	14	TRACK 7-5-7	27.49	2
5 Pope, Victoria	14	PRINCE WILLIAM COUNTY PWC	27.51	2
6 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	27.51	2
7 Scott, Jasmin	14	SPEED CITY CHARGERS	27.97	1
8 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	28.09	1
9 Tolliver, Demya	14	TRACK 7-5-7	28.43	1
10 Pankow, Savannah	14	FIA AMBASSADORS	28.47	1
11 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	28.65	1
12 Goodhope, Danyael	14	TRACK 7-5-7	29.33	2

Event 33 Girls 200 Meter Dash Intermediate

Name	Age	Team	Finals	H#
Finals				
1 Aqyepong-Wiafee, Yaa	16	PRINCE WILLIAM COUNTY PWC	26.72	2
2 Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	27.39	2
3 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	27.65	2
4 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	27.94	2
5 Jones, Jermyiah	15	SPEED CITY CHARGERS	27.95	1
6 Jones, Jermyriah	15	SPEED CITY CHARGERS	28.16	1
7 Reid, Khadijah	15	NORFOLK REAL DEAL	28.19	2
8 Tisdale, Knikajsa	15	TRI-COUNTY TRACKK CLUB	28.60	1
9 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	28.72	2
10 Dent, Natalie	16	PRINCE WILLIAM COUNTY PWC	29.58	2
11 Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	30.20	1
12 Shelton, Alexis	16	THE NUBIAN PROJECT	30.96	1

Event 35 Women 200 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Cabiness, Chynnna	17	TRI-COUNTY TRACKK CLUB	30.09
2 Mccoy, Alissa	17	TRACK 7-5-7	30.88

Event 37 Girls 400 Meter Dash Primary

Name	Age	Team	Finals
Finals			
1 McFarland, Mikayla	8	PRINCE WILLIAM COUNTY PWC	1:17.46

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Finals ... (Event 37 Girls 400 Meter Dash Primary)

Name	Age	Team	Finals
2 Chapman, Kennedy	8	TRACK 7-5-7	1:23.85
3 Granger, Rheis	7	TEAM FLASH	1:31.46
4 Gary, Shaniyah	6	ATHLETIC XPRESS GREYHOUNI	1:36.38
5 Kissoon, Alecia	7	TEAM FLASH	1:41.84

Event 39 Girls 400 Meter Dash Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Rose, Michaela	9	FIA AMBASSADORS	1:09.99
2 Binns, Asia	9	TECHNIQUE TC	1:26.11
3 Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORT	1:27.00
4 Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	1:28.42
5 Henry, Omika	9	LAZERS TC	1:30.20
6 Pankow, Caroline	9	FIA AMBASSADORS	1:34.39

Event 41 Girls 400 Meter Dash Bantam

Name	Age	Team	Finals	H#
Finals				
1 Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUNI	1:10.87	2
2 Armstrong, Eleyah	10	TECHNIQUE TC	1:11.82	1
3 Richardson, Jaiyah	10	PRINCE WILLIAM COUNTY PWC	1:11.96	2
4 Wallace, Ashley	10	PRINCE WILLIAM COUNTY PWC	1:12.26	2
5 Davis, Sohmer	10	VIRGINIA PROWLERS	1:12.86	2
6 Townsend, Grace	10	FLEET MIDLOTHIAN	1:14.85	2
7 Harris, Alesha	10	TRI-COUNTY TRACKK CLUB	1:15.25	1
8 Dixon, Imanhi	10	TECHNIQUE TC	1:15.56	2
9 Rucker, Khari	10	RICHMOND HEAT TRACK SPORT	1:16.29	1
10 Blair, Nyla	10	ATHLETIC XPRESS GREYHOUNI	1:17.36	2
11 Gardner, India	10	RICHMOND HEAT TRACK SPORT	1:19.81	1
12 Flores, Yenelis	10	TRACK 7-5-7	1:22.32	1

Event 43 Girls 400 Meter Dash Sub-Midget

Name	Age	Team	Finals	H#
Finals				
1 Roe, Zayin	11	RICHMOND HEAT TRACK SPORT	1:05.78	2
2 Venters, Jada	11	SPEED CITY CHARGERS	1:06.18	2
3 Granger, Rhyan	11	TEAM FLASH	1:08.82	2
4 Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	1:09.30	2
5 Mahone, Akira	11	NORFOLK REAL DEAL	1:11.70	2
6 Williams, Kendra	11	VIRGINIA PROWLERS	1:12.14	2
7 Waye, Hanay	11	TRACK 7-5-7	1:13.96	1
8 Beaver, Tamia	11	VIRGINIA PROWLERS	1:14.69	2
9 Newell, Jada	11	TRI-COUNTY TRACKK CLUB	1:16.27	1
10 Ware, Sydney	11	VIRGINIA PROWLERS	1:16.31	1

Event 45 Girls 400 Meter Dash Midget

Name	Age	Team	Finals	H#
Finals				
1 Johnson, Shakeria	12	TRACK 7-5-7	1:02.31	2
2 Bynum, Diamond	12	TRACK 7-5-7	1:04.17	2

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Finals ... (Event 45 Girls 400 Meter Dash Midget)

Name	Age	Team	Finals	H#
3 Hundley, Kaylus	12	NORFOLK REAL DEAL	1:06.00	2
4 Pope, Tamyra	12	TECHNIQUE TC	1:06.99	1
5 Arthur, Taylor	12	VIRGINIA PROWLERS	1:07.92	2
6 Starke, Samone	12	RICHMOND HEAT TRACK SPORT	1:08.19	1
7 Smith, Tamani	12	ATHLETIC XPRESS GREYHOUND	1:13.74	1
8 Trimble, Icesia	12	ATHLETIC XPRESS GREYHOUND	1:18.35	1

Event 47 Girls 400 Meter Dash Sub-Youth

Name	Age	Team	Finals	H#
Finals				
1 Burrell, Mariah	13	TECHNIQUE TC	1:00.89	2
2 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORT	1:04.95	2
3 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	1:06.18	2
4 Scott, Carleen	13	UNATTACHED	1:07.07	2
5 Chanthyasak-White, Victoria	13	PRINCE WILLIAM COUNTY PWC	1:07.98	2
6 Lightfoot, Brianna	13	RICHMOND HEAT TRACK SPORT	1:09.70	2
7 Brown, Devonya	13	NORFOLK REAL DEAL	1:10.77	1
8 Monroe, Mikayla	13	VIRGINIA BEACH PATHFINDERS	1:14.70	1
9 Bills, Michaela	13	TEAM FLASH	1:14.97	1
10 Lee, Jade	13	RICHMOND HEAT TRACK SPORT	1:17.23	1
11 Hill, Simone	13	TECHNIQUE TC	1:21.22	1

Event 49 Girls 400 Meter Dash Youth

Name	Age	Team	Finals	H#
Finals				
1 Leonard, Jaelan	14	NORFOLK REAL DEAL	59.21	2
2 Randall, Alexis	14	VIRGINIA SPECIAL FORCES TRA	1:00.54	2
3 Tolliver, Demya	14	TRACK 7-5-7	1:03.85	2
4 Pankow, Savannah	14	FIA AMBASSADORS	1:04.82	2
5 Webb, Sidney	14	VIRGINIA SPECIAL FORCES TRA	1:06.25	1
6 Harris, Deyonna	14	PRINCE WILLIAM COUNTY PWC	1:08.19	2
7 Brower, Cornelia	14	RICHMOND HEAT TRACK SPORT	1:11.21	1

Event 51 Girls 400 Meter Dash Intermediate

Name	Age	Team	Finals	H#
Finals				
1 Scott, Nichelle	16	UNATTACHED	57.94	2
2 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	1:00.33	2
3 Reid, Khadijah	15	NORFOLK REAL DEAL	1:01.50	2
4 Jones, Jermyiah	15	SPEED CITY CHARGERS	1:02.53	2
5 Dent, Natalie	16	PRINCE WILLIAM COUNTY PWC	1:03.30	1
6 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	1:03.90	1
7 Jones, Jermyria	15	SPEED CITY CHARGERS	1:03.94	2
8 Turner, Breana	15	VIRGINIA SPECIAL FORCES TRA	1:05.41	1
9 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	1:06.55	1
10 Tisdale, Knikajsa	15	TRI-COUNTY TRACK CLUB	1:18.08	1

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Event 53 Women 400 Meter Dash Young

Name	Age	Team	Finals
Finals			
1 Coopwood, Olivia	17	PRINCE WILLIAM COUNTY PWC	58.00
2 Bennet, Desiray	17	TRI-COUNTY TRACK CLUB	1:01.68
3 Cabiness, Chynna	17	TRI-COUNTY TRACK CLUB	1:09.97
4 Mccoy, Alissa	17	TRACK 7-5-7	1:15.89

Event 55 Girls 800 Meter Run Primary

Name	Age	Team	Finals
Finals			
1 Mallory, Kameron	7	TECHNIQUE TC	3:13.30
2 Armstrong, Deja	8	TRACK 7-5-7	3:30.11
3 Valentine, Amiya	6	ATHLETIC XPRESS GREYHOUNI	3:44.52

Event 57 Girls 800 Meter Run Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Rose, Michaela	9	FIA AMBASSADORS	2:39.52
2 Knox, Yaszmin	9	TRACK 7-5-7	2:53.06
3 Windham, Jaelyn	9	TECHNIQUE TC	2:54.58
4 Saunders, Jahnelle	9	TECHNIQUE TC	3:10.93
5 Binns, Asia	9	TECHNIQUE TC	3:21.05
6 Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORT	3:21.39
7 Hawkins, Kalkidian	9	TEAM FLASH	3:26.56
8 Pankow, Caroline	9	FIA AMBASSADORS	3:33.73

Event 59 Girls 800 Meter Run Bantam

Name	Age	Team	Finals
Finals			
1 Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUNI	2:39.86
2 Dixon, Imanhi	10	TECHNIQUE TC	3:00.77
3 Rice, Jalynn	10	TECHNIQUE TC	3:08.04
4 Perez, Kamele	10	TRACK 7-5-7	3:10.45
5 Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	3:23.10
6 Gardner, India	10	RICHMOND HEAT TRACK SPORT	3:35.94

Event 61 Girls 800 Meter Run Sub-Midget

Name	Age	Team	Finals
Finals			
1 Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	2:43.53
2 Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	2:45.47
3 Scott, Alysa	11	UNATTACHED	2:52.87
4 Waye, Hanay	11	TRACK 7-5-7	2:53.16
5 Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUNI	2:59.28

Event 63 Girls 800 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Johnson, Shakeria	12	TRACK 7-5-7	2:26.71
2 Bynum, Diamond	12	TRACK 7-5-7	2:42.36

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	Name	Age	Team	Finals
3	Pope, Tamyra	12	TECHNIQUE TC	2:44.11
4	Trimble, Icesia	12	ATHLETIC XPRESS GREYHOUNI	2:44.15
5	Smith, Tamani	12	ATHLETIC XPRESS GREYHOUNI	2:56.04
6	Standard, Yanecia	12	ATHLETIC XPRESS GREYHOUNI	2:59.53

Event 65 Girls 800 Meter Run Sub-Youth

	Name	Age	Team	Finals
Finals				
1	Aduma, Amira	13	HAMPTON CITY ATHLETICS	2:30.08
2	Hardy, Juliana	13	THE FAST FURIOUS TC INC	2:35.04
3	Snipes, Asha	13	TECHNIQUE TC	3:00.61

Event 67 Girls 800 Meter Run Youth

	Name	Age	Team	Finals
Finals				
1	Scott, Jasmin	14	SPEED CITY CHARGERS	2:37.67
2	Davis, Kailynn	14	TRACK 7-5-7	2:41.13
3	Buster, Jasmin	14	KIDFIT	2:41.87
4	Pankow, Savannah	14	FIA AMBASSADORS	2:42.48
5	Saunders, Maya	14	UNATTACHED	2:44.25
6	Hawkins, Aster	14	TEAM FLASH	2:54.61

Event 69 Girls 800 Meter Run Intermediate

	Name	Age	Team	Finals
Finals				
1	Scott, Nichelle	16	UNATTACHED	2:21.08
2	Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	2:31.51
3	Reid, Khadijah	15	NORFOLK REAL DEAL	2:32.20
4	Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	2:37.21
5	Turner, Breana	15	VIRGINIA SPECIAL FORCES TRA	2:39.16
6	Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNI	2:41.26
7	Posey, Clare	15	FIA AMBASSADORS	2:44.74

Event 71 Women 800 Meter Run Young

	Name	Age	Team	Finals
Finals				
1	Mccoy, Alissa	17	TRACK 7-5-7	3:00.92

Event 73 Girls 1500 Meter Run Sub-Bantam

	Name	Age	Team	Finals
Finals				
1	Rose, Michaela	9	FIA AMBASSADORS	5:18.87
2	Windham, Jaelyn	9	TECHNIQUE TC	5:48.00
3	Saunders, Jahnelle	9	TECHNIQUE TC	6:20.39

Event 75 Girls 1500 Meter Run Bantam

	Name	Age	Team	Finals
Finals				
1	Valentine, Shashauna	10	ATHLETIC XPRESS GREYHOUNI	5:39.41
2	Dixon, Imanhi	10	TECHNIQUE TC	6:14.08

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Event 77 Girls 1500 Meter Run Sub-Midget

Name	Age	Team	Finals
Finals			
1 Lewis, Tiana	11	PRINCE WILLIAM COUNTY PWC	5:42.87
2 Scott, Alysa	11	UNATTACHED	5:48.11
3 Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUNI	6:28.42

Event 79 Girls 1500 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Phifer, Alexia	12	ATHLETIC XPRESS GREYHOUNI	5:16.09

Event 81 Girls 1500 Meter Run Sub-Youth

Name	Age	Team	Finals
Finals			
1 Hardy, Juliana	13	THE FAST FURIOUS TC INC	5:40.11
2 Snipes, Asha	13	TECHNIQUE TC	6:26.58

Event 85 Girls 1500 Meter Run Intermediate

Name	Age	Team	Finals
Finals			
1 Posey, Clare	15	FIA AMBASSADORS	5:45.09
2 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNI	6:04.43

Event 91 Girls 3000 Meter Run Midget

Name	Age	Team	Finals
Finals			
1 Phifer, Alexia	12	ATHLETIC XPRESS GREYHOUNI	11:45.66

Event 97 Girls 3000 Meter Run Intermediate

Name	Age	Team	Finals
Finals			
1 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNI	15:15.07

Event 103 Girls 1500 Meter Race Walk Bantam

Name	Age	Team	Finals
Finals			
1 Logan, Leanna	10	VIRGINIA PROWLERS	10:29.57
2 Arthur, Paris	10	VIRGINIA PROWLERS	11:30.75

Event 105 Girls 1500 Meter Race Walk Sub-Midget

Name	Age	Team	Finals
Finals			
1 Sellers, Diamond	11	ATHLETIC XPRESS GREYHOUNI	9:43.96
2 Ware, Sydney	11	VIRGINIA PROWLERS	10:08.43
3 Williams, Kendra	11	VIRGINIA PROWLERS	10:31.67
4 Lewis, Sierra	11	VIRGINIA PROWLERS	10:54.34

Event 109 Girls 3000 Meter Race Walk Sub-Youth

Name	Age	Team	Finals
Finals			
1 Hill, Simone	13	TECHNIQUE TC	21:20.94

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Finals ... (Event 109 Girls 3000 Meter Race Walk Sub-Youth)

Name	Age	Team	Finals
2 Leschinger, Abby	13	TEAM FLASH	22:26.76

Event 111 Girls 3000 Meter Race Walk Youth

Name	Age	Team	Finals
1 Horner, Amber	14	TEAM FLASH	22:04.31

Event 117 Girls 2000 Meter Steeplechase Intermediate

Name	Age	Team	Finals
1 Posey, Clare	15	FIA AMBASSADORS	8:55.65

Event 121 Girls 80 Meter Hurdles Sub-Midget

Name	Age	Team	Finals
1 Anthony, Kiara	11	RICHMOND HEAT TRACK SPORT	17.99

Event 123 Girls 80 Meter Hurdles Midget

Name	Age	Team	Finals
1 Brown, Desire	12	HAMPTON CITY ATHLETICS	15.24

Event 125 Girls 100 Meter Hurdles Sub-Youth

Name	Age	Team	Finals
1 Ward, Destiny	13	TRACK 7-5-7	17.24
2 Aduma, Amira	13	HAMPTON CITY ATHLETICS	17.55
3 Brown, Devonya	13	NORFOLK REAL DEAL	20.24
4 Lee, Jade	13	RICHMOND HEAT TRACK SPORT	20.63
5 Carter, Jazzmyn	13	TECHNIQUE TC	23.20

Event 126 Girls 100 Meter Hurdles Youth

Name	Age	Team	Finals
1 Pope, Victoria	14	PRINCE WILLIAM COUNTY PWC	16.13
2 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	17.57
3 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	17.94
4 Davis, Kailynn	14	TRACK 7-5-7	19.86

Event 129 Girls 100 Meter Hurdles Intermediate

Name	Age	Team	Finals
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	16.16
2 Skinner, Shaytorria	15	TRACK 7-5-7	17.08

Event 130 Women 100 Meter Hurdles Young

Name	Age	Team	Finals
1 McFadgen, Hali	17	PRINCE WILLIAM COUNTY PWC	15.07
2 Coopwood, Olivia	17	PRINCE WILLIAM COUNTY PWC	15.91
3 Gundran, Jada	17	FIA AMBASSADORS	18.06

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Finals ... (Event 130 Women 100 Meter Hurdles Young)

Name	Age	Team	Finals
4 Bennet, Desiray	17	TRI-COUNTY TRACK CLUB	19.08

Event 133 Girls 200 Meter Hurdles Sub-Youth

Name	Age	Team	Finals
Finals			
1 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORTS	30.86
2 Ward, Destiny	13	TRACK 7-5-7	31.19
3 Aduma, Amira	13	HAMPTON CITY ATHLETICS	31.28
4 Stafford, Alexis	13	RICHMOND HEAT TRACK SPORTS	33.17
5 Brown, Devonya	13	NORFOLK REAL DEAL	33.79

Event 135 Girls 200 Meter Hurdles Youth

Name	Age	Team	Finals
Finals			
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORTS	31.21
2 Davis, Kailynn	14	TRACK 7-5-7	35.48
3 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORTS	36.30

Event 137 Girls 400 Meter Hurdles Intermediate

Name	Age	Team	Finals
Finals			
1 Aqyepong-Wiafee, Yaa	16	PRINCE WILLIAM COUNTY PWC	1:07.40
2 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORTS	1:12.90
3 Skinner, Shaytorria	15	TRACK 7-5-7	1:14.62

Event 138 Women 400 Meter Hurdles Young

Name	Age	Team	Finals
Finals			
1 Coopwood, Olivia	17	PRINCE WILLIAM COUNTY PWC	1:06.28
2 McFadgen, Hali	17	PRINCE WILLIAM COUNTY PWC	1:06.49
3 Colbert, Dominique	18	BLUE RIDGE ELITE	1:21.06

Event 141 Girls Long Jump Primary

Name	Age	Team	Finals
Finals			
1 Burton, Paris	8	RICHMOND HEAT TRACK SPORTS	9-07.50
2 Burton, Endya	8	RICHMOND HEAT TRACK SPORTS	9-05.50
3 Gary, Shaniyah	6	ATHLETIC XPRESS GREYHOUND	7-06.00
4 Coley, Kai'A	6	JUMPFANATICS ATHLETICS LLC	6-02.00
5 Burrell, Destiny	6	TECHNIQUE TC	4-06.50

Event 143 Girls Long Jump Sub-Bantam

Name	Age	Team	Finals
Finals			
1 Perrello, Yvonna	9	RICHMOND HEAT TRACK SPORTS	10-06.00
2 Traynham, Ameerah	9	RICHMOND HEAT TRACK SPORTS	10-01.00
3 Sookins, Amiyah	9	RICHMOND HEAT TRACK SPORTS	8-10.00
4 Coley, Kayda	9	JUMPFANATICS ATHLETICS LLC	8-04.00

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Event 145 Girls Long Jump Bantam

Name	Age	Team	Finals
Finals			
1 Wallace, Ashley	10	PRINCE WILLIAM COUNTY PWC	11-11.00
2 Gardner, India	10	RICHMOND HEAT TRACK SPORT	11-08.50
3 Rice, Jalynn	10	TECHNIQUE TC	10-04.00
4 Rucker, Khari	10	RICHMOND HEAT TRACK SPORT	9-09.00
5 Gibson, Nyla	10	TEAM ONE HUNDRED	4-06.50

Event 147 Girls Long Jump Sub-Midget

Name	Age	Team	Finals
Finals			
1 Venters, Jada	11	SPEED CITY CHARGERS	14-03.50
2 Tilmon, Jazmine	11	NORFOLK REAL DEAL	13-10.25
3 Roe, Zayin	11	RICHMOND HEAT TRACK SPORT	13-06.00
4 Mahone, Akira	11	NORFOLK REAL DEAL	10-03.50
5 King, Amyah	11	PRINCE WILLIAM COUNTY PWC	10-00.00

Event 149 Girls Long Jump Midget

Name	Age	Team	Finals
Finals			
1 Morrison, Delana	12	HAMPTON CITY ATHLETICS	13-00.50

Event 151 Girls Long Jump Sub-Youth

Name	Age	Team	Finals
Finals			
1 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	15-03.50
2 Riddick, Deja	13	THE FAST FURIOUS TC INC	14-09.00
3 Burrell, Mariah	13	TECHNIQUE TC	14-05.00
4 Hardy, Juliana	13	THE FAST FURIOUS TC INC	13-09.50
5 Carter, Jazzmyn	13	TECHNIQUE TC	13-04.00
6 Monroe, Mikayla	13	VIRGINIA BEACH PATHFINDERS	12-10.75
7 Hill, Simone	13	TECHNIQUE TC	10-09.00

Event 153 Girls Long Jump Youth

Name	Age	Team	Finals
Finals			
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	15-11.00
2 Leonard, Jaelan	14	NORFOLK REAL DEAL	15-10.00
3 Goodhope, Danyael	14	TRACK 7-5-7	15-07.00
4 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	14-11.00
5 Buster, Jasmin	14	KIDFIT	14-07.50
6 Coker, Tyanna	14	RICHMOND HEAT TRACK SPORT	13-00.50
7 Hawkins, Aster	14	TEAM FLASH	11-00.00
--- Bynum, Monae	14	TRACK 7-5-7	ND

Event 155 Girls Long Jump Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	16-08.00
2 Berkeley, Haley	15	RICHMOND HEAT TRACK SPORT	14-09.00

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Finals ... (Event 155 Girls Long Jump Intermediate)

Name	Age	Team	Finals
3 Skinner, Shaytorria	15	TRACK 7-5-7	14-07.00
4 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	14-02.50
5 Burnette, Brooke	15	PRINCE WILLIAM COUNTY PWC	14-00.00
6 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	12-10.50
7 Gary, Ieisha	15	ATHLETIC XPRESS GREYHOUNE	12-07.25
8 Ward, Malia	15	SPEED CITY CHARGERS	12-06.00
8 Preston, Iyanna	15	VIRGINIA BEACH PATHFINDERS	12-06.00
10 Shelton, Alexis	16	THE NUBIAN PROJECT	12-04.00
11 Washington, Jasmin	15	PRINCE WILLIAM COUNTY PWC	12-01.00
12 Horner, Taylor	16	TEAM FLASH	11-01.00

Event 157 Women Long Jump Young

Name	Age	Team	Finals
1 Bennet, Desiray	17	TRI-COUNTY TRACKK CLUB	15-01.50
2 Mccoy, Alissa	17	TRACK 7-5-7	13-08.50

Event 159 Girls Triple Jump Sub-Youth

Name	Age	Team	Finals
1 Aduma, Amira	13	HAMPTON CITY ATHLETICS	28-03.00

Event 161 Girls Triple Jump Youth

Name	Age	Team	Finals
1 Haynesworth, Leila	14	RICHMOND HEAT TRACK SPORT	33-01.50

Event 163 Girls Triple Jump Intermediate

Name	Age	Team	Finals
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	37-03.50
2 Davis, Deonna	16	RICHMOND HEAT TRACK SPORT	31-11.00
3 Lewis, Sydney	15	RICHMOND HEAT TRACK SPORT	28-01.00

Event 167 Girls High Jump Sub-Bantam

Name	Age	Team	Finals
1 Saunders, Jahnelle	9	TECHNIQUE TC	3-10.00

Event 169 Girls High Jump Bantam

Name	Age	Team	Finals
1 Flores, Yenelis	10	TRACK 7-5-7	3-08.00
2 Williams, Savannah	10	TECHNIQUE TC	3-06.00
3 Perez, Kamele	10	TRACK 7-5-7	J3-06.00
--- Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	NH

Event 171 Girls High Jump Sub-Midget

Name	Age	Team	Finals
1 Lyons, Khaila	11	PRINCE WILLIAM COUNTY PWC	4-02.00

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Finals ... (Event 171 Girls High Jump Sub-Midget)

Name	Age	Team	Finals
2 Waye, Hanay	11	TRACK 7-5-7	3-10.00

Event 175 Girls High Jump Sub-Youth

Name	Age	Team	Finals
Finals			
1 Jeffrey, Dymier	13	RICHMOND HEAT TRACK SPORT	4-10.00
2 Chanthasak-White, Victoria	13	PRINCE WILLIAM COUNTY PWC	4-04.00
3 Carter, Jazzmyn	13	TECHNIQUE TC	J4-04.00

Event 177 Girls High Jump Youth

Name	Age	Team	Finals
Finals			
1 Smith, Mikayla	14	PRINCE WILLIAM COUNTY PWC	4-10.00
2 Buster, Jasmin	14	KIDFIT	4-02.00
3 Alexander, Ciera	14	TRI-COUNTY TRACK CLUB	4-00.00

Event 179 Girls High Jump Intermediate

Name	Age	Team	Finals
Finals			
1 Roe, Lachyna	15	RICHMOND HEAT TRACK SPORT	5-00.00
2 Horner, Taylor	16	TEAM FLASH	3-10.00

Event 185 Girls Discus Throw Midget

Name	Age	Team	Finals
Finals			
1 Stratton, Bailey	12	LIONS DEN	57-11.50
2 McGeachy, Gabrielle	12	UNATTACHED	55-05

Event 187 Girls Discus Throw Sub-Youth

Name	Age	Team	Finals
Finals			
1 Leschinger, Abby	13	TEAM FLASH	68-02.50
2 Alexander-Blake, Donielle	13	SUFFOLK STARS TRACK AND FI	59-08
3 Hardy, Juliana	13	THE FAST FURIOUS TC INC	50-05.50
4 Riddick, Deja	13	THE FAST FURIOUS TC INC	46-01
5 Clemons, Sarah	13	TEAM FLASH	34-07

Event 189 Girls Discus Throw Youth

Name	Age	Team	Finals
Finals			
1 Murdock, Celesse	14	RICHMOND HEAT TRACK SPORT	66-05
2 Pankow, Savannah	14	FIA AMBASSADORS	62-04
3 Gordon, Ryan	14	KIDFIT	59-04

Event 191 Girls Discus Throw Intermediate

Name	Age	Team	Finals
Finals			
1 Brown, Kayla	15	NORFOLK REAL DEAL	76-05.25
2 Dabney, Destiny	15	RICHMOND HEAT TRACK SPORT	76-03
3 Horner, Taylor	16	TEAM FLASH	74-01
4 Lee, Jasmine	16	RICHMOND HEAT TRACK SPORT	53-10

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Finals ... (Event 191 Girls Discus Throw Intermediate)

Name	Age	Team	Finals
5 Pearson-Simmons, Makayla	16	TRI-COUNTY TRACKK CLUB	52-10
6 Mickey, Shana	16	TRI-COUNTY TRACKK CLUB	50-07

Event 193 Women Discus Throw Young

Name	Age	Team	Finals
Finals			
1 Doyle, Deandra	17	LIONS DEN	111-09.50
2 Wilson, Victoria	17	TRACK 7-5-7	80-07
3 Debroux, Cadeija	18	VIRGINIA BEACH PATHFINDERS	74-08
4 Pearson, Destiny	18	TRI-COUNTY TRACKK CLUB	69-07.25

Event 195 Girls Shot Put 4 lbs Primary

Name	Age	Team	Finals
Finals			
1 Gillis, Jayla	8	HAMPTON CITY ATHLETICS	15-02.00
2 Bradshaw, Shayla	8	TRI-COUNTY TRACKK CLUB	15-01.00

Event 199 Girls Shot Put 6 lbs Bantam

Name	Age	Team	Finals
Finals			
1 Townsend, Grace	10	FLEET MIDLOTHIAN	17-06.25
2 Valentine, Denecia	10	TRI-COUNTY TRACKK CLUB	16-04.25
3 Settles, Akira	10	TRI-COUNTY TRACKK CLUB	15-08.00
4 Gibson, Nyla	10	TEAM ONE HUNDRED	13-09.00
5 Hinton, Victoria	10	PRINCE WILLIAM COUNTY PWC	12-05.25

Event 201 Girls Shot Put 6 lbs Sub-Midget

Name	Age	Team	Finals
Finals			
1 Williams, Kendra	11	VIRGINIA PROWLERS	21-04.00
2 Lewis, Sierra	11	VIRGINIA PROWLERS	16-03.25

Event 203 Girls Shot Put 6 lbs Midget

Name	Age	Team	Finals
Finals			
1 McGeachy, Gabrielle	12	UNATTACHED	31-07.25
2 Stratton, Bailey	12	LIONS DEN	24-06.75
3 Hundley, Kaylus	12	NORFOLK REAL DEAL	19-10.00
4 Perry, Makayla	12	HAMPTON CITY ATHLETICS	17-05.50

Event 205 Girls Shot Put 6 lbs Sub-Youth

Name	Age	Team	Finals
Finals			
1 Alexander-Blake, Donielle	13	SUFFOLK STARS TRACK AND FI	26-08.00
2 Leschinger, Abby	13	TEAM FLASH	25-04.00
3 Clemons, Sarah	13	TEAM FLASH	17-11.75

Event 207 Girls Shot Put 6 lbs Youth

Name	Age	Team	Finals
Finals			
1 Carey, Zaliah	14	RICHMOND HEAT TRACK SPORT	34-03.00

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Finals ... (Event 207 Girls Shot Put 6 lbs Youth)

Name	Age	Team	Finals
2 Wilson, Jada	14	SPEED CITY CHARGERS	26-02.00
3 Murdock, Celesse	14	RICHMOND HEAT TRACK SPORT	25-11.00
4 Gordon, Ryan	14	KIDFIT	24-09.00

Event 209 Girls Shot Put 4 k Intermediate

Name	Age	Team	Finals
Finals			
1 Dabney, Destiny	15	RICHMOND HEAT TRACK SPORT	29-04.00
2 Mickey, Shana	16	TRI-COUNTY TRACKK CLUB	29-00.00
3 Brown, Kayla	15	NORFOLK REAL DEAL	25-02.00
4 Horner, Taylor	16	TEAM FLASH	24-05.50
5 Ward, Malia	15	SPEED CITY CHARGERS	23-11.00
6 Lee, Jasmine	16	RICHMOND HEAT TRACK SPORT	21-00.25
7 Pearson-Simmons, Makayla	16	TRI-COUNTY TRACKK CLUB	20-11.00

Event 211 Women Shot Put 4 k Young

Name	Age	Team	Finals
Finals			
1 Doyle, Deandra	17	LIONS DEN	35-07.00
2 Wilson, Victoria	17	TRACK 7-5-7	31-09.00
3 Debroux, Cadeija	18	VIRGINIA BEACH PATHFINDERS	31-00.00
4 Pearson, Destiny	18	TRI-COUNTY TRACKK CLUB	23-11.50

Event 213 Girls Javelin Throw Sub-Youth

Name	Age	Team	Finals
Finals			
1 Alexander-Blake, Donielle	13	SUFFOLK STARS TRACK AND FI	38-05.50

Event 219 Women Javelin Throw Young

Name	Age	Team	Finals
Finals			
1 Doyle, Deandra	17	LIONS DEN	91-06

Event 229 Girls 4x100 Meter Relay Primary

Team	Relay	Finals
Finals		
1 TRACK 7-5-7	A	1:12.69
1) Armstrong, Deja 8	2) Chapman, Kennedy 8	3) Johnson, Khiandra 8
		4) Mackey, Nia 7

Event 235 Girls 4x100 Meter Relay Youth

Team	Relay	Finals
Finals		
1 SPEED CITY CHARGERS	A	55.22
1) Mcconner, Miyanla 13	2) Brandford, Camille 14	3) Scott, Jasmin 14
		4) Wilson, Jada 14

Event 241 Girls 4x400 Meter Relay Bantam

Team	Relay	Finals
Finals		
1 TECHNIQUE TC	A	5:29.22
1) Binns, Asia 9	2) Windham, Jaelyn 9	3) Armstrong, Eleyah 10
5) Rice, Jalynn 10	6) Williams, Savannah 10	4) Johnson, Shoshana 10

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Finals ... (Event 241 Girls 4x400 Meter Relay Bantam)

Team	Relay	Finals
2 TRACK 7-5-7	A	5:52.62
1) Hines, Bethany 9	2) Knox, Yaszmin 9	3) Flores, Yenelis 10
		4) Perez, Kamele 10

Event 243 Girls 4x400 Meter Relay Midget

Team	Relay	Finals
Finals		
1 TRACK 7-5-7	A	4:10.44
1) Tate, Leasia 11	2) Bynum, Diamond 12	3) Johnson, Shakeria 12
		4) Tucker, Jessica 12
2 TEAM FLASH	A	5:14.32
1) Granger, Rhyan 11	2) Jones, Camille 11	3) Mccray, Imani 11
		4) Hawkins, Bizuwerk 12

Event 245 Girls 4x400 Meter Relay Youth

Team	Relay	Finals
Finals		
1 TRACK 7-5-7	A	4:35.72
1) Copeland, Kemoni 13	2) Ward, Destiny 13	3) Williams, Lamani 13
5) Goodhope, Danyaël 14	6) Tolliver, Demya 14	4) Bynum, Monae 14
2 TEAM FLASH	A	5:28.97
1) Bills, Michaela 13	2) NavaMoncada, Valeria 13	3) Grant, Kasiah 14
5) Long, Silyse 14		4) Hawkins, Aster 14

Event 251 Girls 4x800 Meter Relay Midget

Team	Relay	Finals
Finals		
1 ATHLETIC XPRESS GREYHOU]	A	11:27.15
1) Phifer, Alexia 12	2) Smith, Tamani 12	3) Standard, Yanecia 12
		4) Trimble, Icesia 12

Event 517 Girls 1500 Meter Run Primary

Name	Age	Team	Finals
Finals			
1 Mallory, Kameron	7	TECHNIQUE TC	6:23.76
2 Armstrong, Deja	8	TRACK 7-5-7	7:46.90