

THE BIG HOUSE INDOOR INVITATIONAL



Friday Jan. 20 4:00pm-6:00pm	Packet Pick-up for Youth	The Big House 1544 Lane Park Cutoff, Tavares, FL 32778
Saturday Jan. 21 7:30am-10:00am	LATE Youth Packet Pick-up (Corrections are \$25/athlete – sex or age changes only)	The Big House 1544 Lane Park Cutoff, Tavares, FL 32778
Saturday Jan. 21 8:30am-5:00pm	Competition – Rolling Schedule	The Big House 1544 Lane Park Cutoff, Tavares, FL 32778

Saturday Order for of Events (Rolling Schedule):

8:30am Field Event Start:

- High Jump (G-B) [15 -18], 14, 12, 11, 10, 9]Open/Masters
- Shot Put (B-G) Open/Masters [8 & Under, 9, 10, 11, 12, 13-14, [15 -18]]
- Long Jump (B-G) Open/Masters [11, 12, 13-14, [15 -18],8 & Under, 9, 10,]
- Pole Vault (B-G) [13-14, [15 -18]] Open/Masters

Running Order of Events (Rolling Schedule) Start Time 9:00am

- Sprint Medley (200,200,400,800) 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 55m Dash (G-B) 8 & Under, 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 600M Dash (G-B) 8 & Under, 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 55m Dash Championship (G-B) 8 & Under, 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 1500M Racewalk 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 400m Dash (G-B) 8 & Under, 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters
- 1500M Run 8 & Under, 9, 10, 11, 12, 13, 14, [15 -18] Open/Masters

- 200m Dash 8 & Under, 9, 10, 11, 12, 13, 14, [15 and up] Open/Masters
- 4x400 Relay 8 & Under, 9, 10, 11, 12, 13, 14, [15 and up]

YOUTH: (\$20/athlete). The youth meet will be a "Rolling Progression Schedule.

Open/Masters: (\$25/athlete). The youth meet will be a "Rolling Progression Schedule

All entries are to be completed online at www.coacho.com between 12/17/16 and 1/19/17. Entries will close for online registration at 11:59pm on 1/19/17.

***There will be no spikes allowed at the meet. Waffle rubber soles or rubber sole footwear only**

*All coaches/parents it is your responsibility to review the performance list at CoachO.com for corrections prior to payment to make any necessary changes. After final payment all entries are locked. Any entries not completed correctly online by that time will be considered late and additional late and correction fees will be assessed to those entries. Please see below for information on additional fees.

Fees: All fees are due at the time of registration online.

Early Entry Fee: Youth \$20 per athlete for a maximum of 3 events each 12 and under and 4 events 13 and older.

Open/Master \$25 per athlete for a maximum of 4 events.

No registration will be accepted after 1/19/17 @ 11:59pm

Admission:

\$8.00 per person not entered in the meet as an athlete. **CASH ONLY.** If a team has **4 to 8 athletes** they will receive **1 coach's admission.** If a team has **9 to 20 athletes** they will receive **2 coach's admission.** If teams have over **20 athletes** they will receive a maximum of **3.** All others will be expected to pay the admission price.

Awards:

Medals will be awarded for the top 3 places in each age group according to final results. **Age Groups:** *Saturday heats will be drawn by age group!

Youth: 8 & Under, 9, 10, 11, 12, 13, 14, 15-18, Open/Masters

Field Event Progressions:

Girls Pole Vault:

Boys Pole Vault:

Girls High Jump:

Boys High Jump:

Girls Long Jump: Three attempts

Boys Long Jump: Three attempts

Girls Shot Put: Three attempts

Boys Shot Put: Three attempts

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an Internet connection.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.