

AMENITIES: Coaches Hospitality area will be provided on the 3rd floor of the stadium press

box. Coaches must have a wristband on to enter.

No dressing rooms will be available. Please make necessary arrangements for

your teams.

CONTACT INFO: Tempest Vance, Operations Coordinator, Assistant Coach, 1601 E. Market St.,

Moore Gym, Greensboro, NC 27411, PH: 336-285-4277, Fax: 336-334-7496,

Email: tsvance@ncat.edu

ELIGIBILITY: Meet will be conducted according to NCAA Track & Field Rules.

ENTRY FEE: Entries to be completed on www.DirectAthletics.com. Entry Fee is \$30 per

athlete, with a maximum of \$300 per team. Men and Women's teams are

considered separate creating a maximum entry fee of \$600 per team. Team entry entitles you to four (4) entries per event and two (2) relays per relay event. Entry fees are non-refundable and non-transferable and due at packet pick up located in the Golden Helmet Room under the home side bleachers. Please make checks out

to NC A&T Athletics.

UNATTACHED

ATHLETES: All unattached athletes must pay their entry fee online at

www.directathletics.com to be entered into the competition. No

exceptions.

ENTRY DEADLINE: Tuesday, May 9th @ 11pm EST

SCHEDULE: Attached is the list of events that will be contested. Final schedule will be

adjusted according to number of entrants and emailed to participating teams

along with finals instructions.

CHECK-IN Please have your athletes check in approximately 1 hour before their event.

WEIGH-IN Please have your athletes weigh their implements approximately 1 hour before

their event. Weigh-in will be located at the Hammer Cage.

RESULTS: Results will be posted under the bleachers on the home side of the stadium and

posted live online at www.halfmiletiming.com



FIELD EVENTS

9:00 AM JAVELIN THROW (MEN) (IMPLEMENT WEIGH-IN: 8:00-8:30)

9:00 AM LONG JUMP (WOMEN & MEN)

9:00 AM DISCUS THROW (WOMEN FOLLOWED BY MEN) (IMPLEMENT WEIGH-IN: 8:00-8:30)

11:00 AM JAVELIN THROW (WOMEN) (IMPLEMENT WEIGH-IN: 9:30-10:00)

11:00 AM POLE VAULT (MEN FOLLOWED BY WOMEN)

12:00 PM TRIPLE JUMP (WOMEN & MEN)

1:00 PM HAMMER THROW (WOMEN FOLLOWED BY MEN) (IMPLEMENT WEIGH-IN: 11:30-12:00)

2:00 PM HIGH JUMP (WOMEN AND MEN)

3:00 PM SHOT PUT (MEN FOLLOWED BY WOMEN) (IMPLEMENT WEIGH-IN: 1:30-2:00)

RUNNING EVENTS

11:00 AM 4 X 100M RELAY WOMEN

4 X 100M RELAY MEN 1500M RUN WOMEN

1500M RUN MEN

 $100M\ HURDLES\ COLLEGIATE\ (SEMI-FINALS)$

 $100M\ HURDLES\ INVITATIONAL\ (SEMI-FINALS)$

110M HURDLES COLLEGIATE (SEMI-FINALS) 110M HURDLES INVITATIONAL (SEMI-FINALS)

100M DASH COLLEGIATE WOMEN (SEMI-FINALS)

100M DASH INVITATIONAL WOMEN (SEMI-FINALS)

100M DASH COLLEGIATE MEN (SEMI-FINAL)

100M DASH INVITATIONAL MEN (SEMI-FINAL)

400M DASH WOMEN

400M DASH MEN

100M HURDLES COLLEGIATE (FINALS)

100M HURDLES INVITATIONAL (FINALS)

110M HURDLES COLLEGIATE (FINALS)

110M HURDLES INVITATIONAL (FINALS)

100M DASH COLLEGIATE WOMEN (FINALS) 100M DASH INVITATIONAL WOMEN (FINALS)

100M DASH COLLEGIATE MEN (FINALS)

100M DASH INVITATIONAL MEN (FINALS)

800M RUN WOMEN

800M RUN MEN

400M HURDLES WOMEN

400M HURDLES MEN

200M DASH WOMEN

200M DASH MEN

3000M STEEPLECHASE WOMEN

3000M STEEPLECHASE MEN

4 X 400M RELAY WOMEN

4 X 400M RELAY MEN