

1ST ANNUAL QUANTUM TRACK CLUB ALL COMERS INVITATIONAL CHAMPIONSHIPS

SATURDAY MAY 18, 2024

VIERA HIGH SCHOOL
6301 STADIUM PARKWAY
VIERA, FL 32940
WWW.COACHO.COM

\$30 Entry Fee Per Athlete

\$10 Spectator Ticket | \$5 Parking

Meet Schedule

6:45am: Packet Pick-Up

7:00am: Track Opens for Warm-Ups

7:45am: Coaches Meeting & 1st Call (3000m Run, Long/High Jump, Javelin, Shot Put)

8:00am: Events Begin on a Rolling Schedule as Follows:

Field Events

3 Attempts, No Finals Except High Jump

Long Jump
Javelin (13 - Masters)
Shot Put
High Jump
Turbo Javelin
Discus
Triple Jump

Running Events

3000m Run (**Combined Heats**)
100m/80m Hurdles (**Combined Heats**)
100m Dash (Open/Masters, 6U to oldest)
1500m Run (**Combined Heats**)
200m Dash (Open/Masters Only)
400m Dash
4 x 100m Relay
60m Dash (Open/Masters)
55m Dash (6U - 8U)
200m Hurdles
800m Run (**Combined Heats**)
200m Dash
4 x 400m Relay (**9U & Older Only**)

All athletes must bring their own implements

Individual Awards - 1st, 2nd 3rd Place

Team Trophies (Boys/Girls) - 1st, 2nd, 3rd Place